

THE
*Dental
Assistant*



JOURNAL OF
THE AMERICAN
DENTAL ASSISTANTS
ASSOCIATION

NOVEMBER •

DECEMBER •

1958

Silver Anniversary

AMERICAN DENTAL ASSISTANTS ASSOCIATION

Officers

<i>President</i>	MRS. MAGDALENE KULSTAD, 327 Bedford Street, La Habra, California
<i>President-elect</i>	MRS. ELMA TROUTMAN, 26 West Portal Ave., San Francisco, California
<i>1st Vice President</i>	MRS. VIRGINIA HOFFMAN, 3437 Portola Street, Pittsburgh 14, Penna.
<i>2nd Vice President</i>	MISS LOIS KRYGER, 1102 8th Avenue, Seattle 1, Washington
<i>3rd Vice President</i>	MISS CORINNE DUBUC, 156 Broadway, Pawtucket, Rhode Island
<i>General Secretary</i>	MRS. JOY PHILLIPS, 3041 W. Pierson, Phoenix, Arizona
<i>Treasurer</i>	MRS. HARRIETT DARLING, 715 Lawn Ridge Ave., S. E. Huron, So. Dakota
<i>Imm. Past President</i>	MRS. MARY FRANCIS DUTTON, 881 Laurel Ave., Macon, Georgia
<i>Chm. P. P. Council</i>	MISS MARY HANEY, 4218 Fowler Ave., Omaha, Nebraska

Trustees

<i>1st District</i>	MRS. PHYLLIS JENKIN, 709 Union Trust Bldg., Providence, Rhode Island
<i>2nd District</i>	MRS. ALICE EDER, 1047 Diamond Street, Camden, New Jersey
<i>3rd District</i>	MRS. ALICIA KING, 166 Carlton House, 550 Grant St., Pittsburgh, Pa.
<i>4th District</i>	MISS GRACE BROWNING, 1220 Cresthill Road, Birmingham, Alabama
<i>5th District</i>	MRS. MOSELLE COMER, 217 New Kirn Bldg., Portsmouth, Virginia
<i>6th District</i>	MISS LAURA WILLARD, 400 E. Seventh Street, Bloomington, Indiana
<i>7th District</i>	MISS RUTH ASP, 2718 13th Ave. South, Minneapolis, Minnesota
<i>8th District</i>	MRS. JANICE JACOBSON, 1245 East 31st Street, Tulsa, Oklahoma
<i>9th District</i>	MISS DORIS ARISMAN, 909 Fort Street, Boise, Idaho
<i>10th District</i>	MRS. ELTA MAE SELZER, 1223 No. Weber, Colorado Springs, Colo.
<i>11th District</i>	MRS. JINX WOOD, 1516 Scenic Avenue, Berkeley 9, California

Executive Secretary

MRS. MARY L. MARTIN	410 First National Bank Bldg., La Porte, Indiana
---------------------------	--

As its official publication, THE DENTAL ASSISTANT carries authoritative notices and articles of the American Dental Assistants Association. Otherwise the Editor and Publisher are not responsible for any statements and/or opinions expressed in editorials, or by authors of articles or papers appearing on the pages of this Journal.

Advertising copy must conform to the official standards established by the American Dental Assistants Association.

The Dental Assistant

VOL. 27

NOVEMBER • DECEMBER • 1958

No. 6

PUBLICATION COMMITTEE

• • •
Editor

VIOLET L. CROWLEY
1103 Grovewood Lane
Houston, Texas

Contributing Editors

MYRA PETRIE
418 Centennial Ave.
Sewickley, Penna.

EULA MAE WEST
705 Heyburn Bldg.
Louisville, Ky.

JANET LINDENBERG
816 First Nat'l Bank Bldg.
Peoria, Illinois

CORINNE DUBUC
156 Broadway
Pawtucket, R. I.

LORRAINE GLAUSIER
907 South Lena St.
Dothan, Alabama

• • •
Views of the News
Editor

OLIVE STEINBECK
909 Normandy Dr.
Miami Beach, Fla.

• • •

BUSINESS STAFF

Business-Advertising Manager

LAURA WHIFFEN
1521 Medical Arts Bldg.
FA 3-2993
Houston, Texas

Subscription Manager

LOIS KREJCI
410 First Nat'l Bank Bldg.
LaPorte, Ind.

PRE-CONVENTION ISSUE

Contents

The President Speaks	4
Twenty-five Years of Service	5
Anniversary Greetings	7
The Journal's Editors	8
Editorial	13
Final 'D' Notes	14
Greetings, Welcome	15
Condensed Schedule of Events	16
Nominations for Elective A.D.A.A. Offices	17
Calorie Clue: A Fad-Free Diet	19
Help Yourself	20
Do What You Want — And Live Longer	22
Put Your Best Foot Forward	24
Teamwork	25
From Central Office Wires	26
Financial Planning	27
Professional Conduct in Dentistry	29
Views of the News	33

The Dental Assistant is published bi-monthly by the American Dental Assistants Association, 410 First National Bank Building, LaPorte, Indiana. Printed in U.S.A. Issue of November-December, 1958, Vol. 27, No. 6. Copyright 1958 by the American Dental Assistants Association.

Subscription rate of \$2.00 per year to members is included with annual association dues. Subscription rate for others is \$2.25; \$2.75 foreign. Single copies 40 cents. Changes of address must be reported promptly to the subscription manager to insure continued receipt of issues.

NOVEMBER • DECEMBER

THESE DENTURES PASS THE "ASSOCIATION TEST"



WHEN DENTURES ARE "POLIDENT CLEAN" THEY REFLECT THOUGHTFUL DENTAL GUIDANCE

POLIDENT offers the easy, safe way to keep dentures clean, fresh, sparkling . . . free of stains, scratches, odor. Just *soak-rinse-wear*. No harsh scrubbing to damage lustrous surfaces or delicate features; POLIDENT floats away debris, removes stains—*within 5 minutes*.

Recommended by more dentists than any other cleanser



For office supply of free samples, write—

BLOCK DRUG COMPANY, INC.

105 Academy Street • JERSEY CITY 2, N.J.



amalgam squeeze cloths

tough and strong — excellent for expressing mercury from amalgam filling material

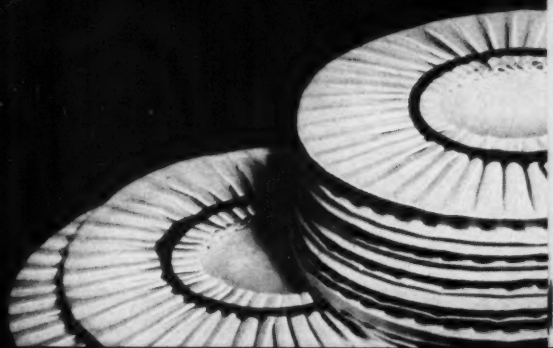
sanitary headrest covers

disposable and moisture-resistant — fresh, easily-attached cover for each patient guards headrest from oily stains

nufold dental napkins

soft and absorbent — ideal for massaging gums or wiping instruments — valuable wherever a high-grade, sterile gauze is indicated

DENTAL DIVISION



The President Speaks . . .

Dear Friends:

Many thoughts fill my mind as I write this message, my final one to you through The Journal, as President of the American Dental Assistants Association.

It is difficult to express in writing my feelings and my gratitude for the honor and privilege you have extended me. I have tried to convey my personal thanks to the officers and members with whom I have had an opportunity to visit during the year. In the last issue of The Journal I tried to thank all of you who have helped make this year a successful and happy one.

It has been obvious that our theme for the year was ACTION. The many accomplishments of the American Dental Assistants Association throughout the year have been due to cooperative effort. Only by continuing to work together, encouraging one another and helping each other will we achieve our ultimate goals. TEAMWORK and SHARING insure progress.

In looking toward the future let us resolve to become full participating members, and in addition, let us strive to bring into our membership all the eligible dental assistants in our communities. Let us always remember, IT IS A PRIVILEGE TO BE A DENTAL ASSISTANT.

One of the most obvious results of ACTION is the continued growth in size and importance of our ADAA Journal, "The Dental Assistant". With publication of this issue it completes twenty-five years of service to our organization. We review with pride its growth from a modest beginning, to a Journal now recognized as one of professional caliber. On this happy occasion—the celebration of its Silver Anniversary—I extend congratulations to those who pioneered this worthwhile effort, and to today's Editor and Staff my sincere best wishes for continued progress.

I am looking forward to greeting many of our members at the 34th Annual Session in Dallas, Texas November 10-13, 1958.

Most Sincerely,

MAGDALENE KULSTAD,
President.

Twenty-five Years of Service

1933—1958

More than a wish and a magic wand are necessary to start the publication of an association journal. Just a few of the necessary assets are: desire and determination, inspiration and initiative, foresight, faith — and FUNDS.

The founder of the American Dental Assistants Association, Mrs. Juliette A. Southard, and her co-workers apparently knew this, and they planned wisely, cautiously and well before taking a step in this direction in our association, although it had been their dream from the time of organization.

We read from the founder and first president's address to the annual session in Louisville, Kentucky, in 1925 the following:

"I should like to see an American Dental Assistants Association Bulletin. If at first it is not feasible to issue it each month, a quarterly publication would be a splendid accomplishment."

But the history of the ADAA tells us that, for various reasons, this was not immediately possible, and in 1927 at the annual meeting in Detroit, Michigan, Mrs. Southard was appointed Editor of "News and Notes," a column with news of ADAA activities to be published in *Oral Hygiene*. This was the first step toward disseminating news of the association's activities, and it filled an urgent need for a period of several years. Some years later Mrs. Southard wrote the following in an editorial in *The Dental Assistant*: "The years went on and as the national group did not accept the challenge or advice, one of its charter societies, the Educational and Efficiency Society for Dental Assistants, First District, N. Y., in December, 1931, courageously undertook to supply the need for a dental assistant's Journal, and launched *"The Dental Assistant."*

Thus, *The Dental Assistant* came into

being. It was a monthly publication; Volume one, Number one was published in December 1931. Although published by one of the component societies, it carried pages for all component societies to report their activities, so, in reality it has always been national in scope.

It was in 1933 at the annual meeting in Chicago, Illinois, that the ADAA House of Delegates voted to adopt *The Dental Assistant* as its official publication. Mrs. Southard was appointed the editor, and it has served the ADAA regularly for the twenty-five years that have passed since that time. The first issue published under the new ownership was the October-November 1933 issue, and in it we find the following message, again from the pen of Mrs. Southard:

"This issue starts *The Dental Assistant* as the official publication of the American Dental Assistants Association. To the members of the ADAA we say: This is now your child, what are you going to do with it? You can do much if you will . . . How? . . . Firstly, by supporting it financially. Secondly, by reading its contents. Thirdly, by using some of the suggestions and ideas you find therein. How well it lives will depend upon all of YOU, as you must feed it, and we shall expect some GOOD FOOD."

Through this message Mrs. Southard presented a challenge to the members of the ADAA. How well have we met that challenge? What have we done about our child? What has been the quality of the food we supplied? How much have we as individuals, and groups, contributed to its growth down the years?

Looking back on the twenty-five years that have gone by since Mrs. Southard wrote those challenging words, we recall many happenings . . . happy incidences and sad ones, good times and bad times. Perhaps the greatest blow ever to strike

the association and the journal was the sudden death of Mrs. Southard in November 1940, who was still serving as the editor at the time. As she would have wanted it, the journal carried on with Mrs. Marie S. Shaw of Georgia as editor until the next annual meeting in October 1941 in Houston, Texas, when Mrs. Sadie Leach of Indiana was appointed to fill this position.

At that time the ADAA had 33 state associations and 124 local societies but we were in the midst of some difficult years — our country was engaged in a global conflict — World War Number 2. Many members left the field of dental assisting and there was a sharp decline in ADAA membership, but the Journal carried on. Each issue brought to the members some of the lovable and sunny spirit of its editor; each brought words that were helpful in stirring the members to new life, new activity and interest that was so needed during this unsettled period of our country. Every two months the presses rolled out an issue — the journal survived another difficult period in its history.

In due time the nation moved back to normalcy; doctors returned to their practices, new assistants were employed and the ADAA's membership was again on the uptrend. The association was expanding its program; Extension Study Courses, Certification and an ADAA Central Office were the chief topics of discussion. And *The Dental Assistant* kept pace with the ACTION in its service to a growing and progressive organization. By 1949 the ADAA had grown to 42 state associations and 190 local societies. The Journal had completed 16 years of service to the ADAA and the responsibilities of the Editor continued to increase. Mrs. Leach, feeling that she could no longer carry the responsibility and continue to be full time employed as an assistant, resigned at the annual meeting in San Francisco, California, in 1949.

In May 1950 another member assumed the duties as editor. She was Mrs. Violet

L. Crowley of Houston, Texas, who is presently employed as Editor.

A number of changes have been made in the journal in the past 8 years — the cover has been changed and new departments have appeared. Its advertising pages have increased, and a couple of issues have been as large as 76 pages. It now serves an association with 51 state associations and 301 local societies and is mailed bi-monthly to over 9,000 members. Its outside, exchange and complimentary subscriptions total approximately 200 copies per issue.

And thus the "child", as Mrs. Southard referred to it, has grown to a "young lady" in the twenty-five years it has served the ADAA. As we pause to celebrate our Silver Anniversary, we pay tribute not only to our founder and the first editor, but to those members of the Educational and Efficiency Society of First District of New York in the early 1930's for their courage, initiative and ACTION in the creation of *The Dental Assistant*. We don't know the names of all those members, but one whom we know well and who is still an active member is Robino McMurdo.

As we begin a new era in the journal's life, we look not so much backward as forward to the years that lie ahead. Years that will no doubt bring greater demands for broader service to the ADAA and its members. It will require increased effort from the staff; increased support from the membership; unwavering faith in the future and MORE FUNDS, if we are to fill the needs of the American Dental Assistants Association of today and tomorrow.

We face this new challenge with renewed dedication and determination, and with full confidence that the members of the future will put forth a special effort to supply food of the finest quality, and prepared to be inviting, palatable and beyond question conducive to the excellent health and top notch efficiency of YOUR JOURNAL.

VIOLET L. CROWLEY

THE DENTAL ASSISTANT

Anniversary Greetings

From the Editor, The Journal of the American Dental Association

On this occasion — the silver anniversary of the journal of the American Dental Assistants Association — it is fitting that *The Journal of the American Dental Association* congratulate its sister publication, applaud its past years of performance and wish it well for the long years ahead.

A quarter of a century of distinctive service must not be overlooked lightly; indeed, it deserves more than mere honorable mention. It is apparent that the motto of the Assistants Association: Education, Efficiency, Loyalty, Service, has been the guiding light of its journal as evidenced by the improvement which its years of experience and its editors have brought to its pages.

Today's *Dental Assistant* is a far cry from the News and Notes which Juliette A. Southard first furnished *Oral Hygiene* in 1927. It is a far cry from Volume One, Number One of *The Dental Assistant* published by the dental assistants of New York's First District which carried a short, inspirational article by Dr. C. N. Johnson, editor of the American Dental Association, and one of the best friends ever had by members of the American Dental Assistants Association. Dr. Johnson wrote: How good and efficient this publication is will depend not only on the editorial staff (I have little fear in this particular) but on the support and loyalty of every member of the organization. It is largely the interest and devotion of the rank and file of your members that maintain a periodical at the maximum efficiency and prestige . . . I shall watch for each issue with the keenest anticipation, and knowing what I do of the capabilities of the members, their devotion to duty, their earnestness, their sincerity and their pride in their work, I have no apprehension as to the outcome."

Dentistry's great leader, Dr. C. N. Johnson, has long since gone but the future which he foresaw for the journal of the American Dental Assistants Association has materialized magnificently — thanks to the support and contributions of the association's growing membership.

The closer working relationship which is rapidly developing between the American Dental Assistants Association and the American Dental Association augurs well for further development in the status of the Assistants Association and, more importantly, in the status of its members. Each such increase carries with it an increase in responsibilities; an increase which must be shared and reflected in the official publication. Dentistry need have no fear that the journal of the American Dental Assistants Association will not meet forthrightly every challenge that the future may bring. Twenty-five years of past performance guarantees that *The Dental Assistant* of tomorrow will meet its responsibilities in a manner befitting the Association and in keeping with the prophecies of those two great leaders of two great organizations—Dr. C. N. Johnson and Juliette A. Southard.

LON W. MORREY, D. D. S.

Dear Mrs. Crowley:

So *The Dental Assistant*, the official organ of the American Dental Assistants Association, is 25 years young! That's wonderful because 25 years is indicative of sparkling youth and your fine publication sparkles in that lively fashion.

We and other folks in the dental trade and dental publishing circles have watched *The Dental Assistant* grow each year. You and your editorial staff are to be congratulated for an earnest job done well. It isn't surprising that dental

assistants throughout the United States look forward to each issue. We know they will be doing that for many years to come.

Yours is a growing field. The number of assistants will grow ever-larger, and the work you are doing, ever more important. Truly, the dental assistant is an integral part of the dental health team.

We know *The Dental Assistant* will continue to grow and grow. We are looking forward to greeting you similarly 25 years hence!

Cordially yours,
R. C. KETTERER,
Vice President,
PROOFS,
The Dental Trade Journal.

The Journal's Editors...

Editor from 1933 through 1940: MRS. JULIETTE A. SOUTHARD

Mrs. Southard, the founder of the American Dental Assistants Association and the first editor of the journal as the association's official publication, was called to her eternal rest on November 12, 1940 at approximately 8:40 p. m.

As a tribute to her in our Silver Anniversary issue, we have chosen to reprint

the following from the January-February, 1941 issue of THE DENTAL ASSISTANT. This address, the last one Mrs. Southard gave, was presented before the first annual meeting of the Florida State Dental Assistants Association, St. Petersburg, Florida, on November 12, 1940.

WHAT PRICE PROGRESS?

By JULIETTE A. SOUTHARD

We are living in a marvelous age of progress. Every day one reads of new inventions, new plans and new developments in every phase of human activity. Never since the world began has humanity striven for higher, broader and more helpful accomplishments. The slow moving processes of the past are overshadowed by the advance of the present. The future looms up full of promise for still greater accomplishments. We are no longer content to write long-hand letters, painstakingly composed of complimentary phrases. We type, we telegraph, we telephone, we cable, and we even radio our messages and business in clear, terse phraseology and to the point.

We no longer walk or "buggy ride" on dusty roadways; we are whisked along in fast motor-driven vehicles, along smoothly paved highways, and if time is really pressing, we travel by plane, crossing the oceans if our business

is urgent. We have been compared to moles because we burrow into the ground, and are rushed along via subways and tunnels, even under the rivers, built through solid rock and under the ooze of the river beds. We have even learned that an atom is no longer supreme in its infinitesimal smallness, but that the Ion is even more minute—so minute, in fact, that our feeble brains can scarcely conceive of such smallness having such tremendous power.

It has been said that the Twentieth Century was born without a memory—that it is too busy with today's achievements and tomorrow's projects to recall yesterday's exploits . . . Perhaps this is a bit of very advanced thought, but at least it gives us something to think about. To have succeeded in past accomplishments only proves that one can and should achieve greater things in the future. I have always contended that

there is no end to the highway of fulfillment . . . One should continue to travel on and on as long as we can, ever traveling onward toward the attainments of our ideals and our purposes; for the closest that we can ever hope to reach them is measured by our breadth of vision plus our steadfastness of purpose. Just to take everything for granted and let the world go by, never gets us anywhere of importance. Who can tell what may not be accomplished in the future if we do not shirk responsibilities, and from day to day do the best we can with the opportunities which come our way.

Soon we will be at the threshold of a New Year, a time when one's enthusiasm is at its peak (or should be). Think of having twelve whole unspoiled, unused months at our disposal, to look forward to for the doing of our respective jobs, in as successful a manner as was never before accomplished. Doesn't it thrill you? As dental assistants, we are fortunate in that we have so many co-workers who are dedicated to the same ideals and purposes, and knowing that we have so much co-operative support, should make us all the more ambitious to make our calling one of the biggest and best in professional endeavors. At this New Year, we should pledge ourselves anew to encourage and support the endeavors of our respective organizations—local, state and national. Alone, we might have many fine ambitions and ideals, but could do little to make our dreams come true; but with the help, enthusiasm and support of thousands, working shoulder to shoulder, there is nothing we cannot accomplish. No individual is sufficient unto himself. Self-complacency is like a frost—it kills growth and hinders progress. Self-satisfaction is like a rust—it corrodes our sense of values and clouds our clearness of vision, thus reducing whatever capacity we may possess to a commonplace dullness. When we give of our best and do our best, we do not have to seek

honors; these always seek out those who are worthy. There is something which seems to antagonize, rather than to please, in a member who is always seeking an office, rather than accepting that which her co-members are glad to bestow, and which her own ability, capacity and unselfishness in service will bring to her in time.

We have every reason to be very proud of the progress we have made in the short time our associations have been organized, as when counted in eons of time, 15 or 20 years is a very brief span of existence; and you know it was only in 1917 that the very first group of dental assistants was organized in Nebraska, and it was not until about 1921 that a wave of organization development took place, several associations having been formed about that time in various parts of the country. When we remember that our own A.D.A.A. was organized with less than 200 members only 16 short years ago, and that we are striving for a goal of a 4,000 increase in membership for our next convention in October, 1941, and that we lose about 500 members each year who drop out of the calling for some reason or another, we then have a proper perspective of how we stand in relation to other professions and to other endeavors which also have a great influence on the developments of our times in the profession which we serve.

If you have been reading the various dental journals, you have read all about the 100th Anniversary Celebration at Baltimore, Maryland, March 18-20, 1940, of the forming of the first dental college, which thus placed dentistry for the first time on a professional basis. At least, it was the beginning of the recognized dental profession. Of course, it took many years following the opening of the college, plus the farsightedness and faithful work for improvement, of the members of the new profession, to bring about the development of the dental profession to the point where we know it

today. This was not done without overcoming much opposition from dentists, who feared that they would have to share their knowledge with those coming into the profession, and who were not willing to "give and take" in order to bring success to the profession they had chosen as a life's work. Short-sighted—do I hear you say? Yes, very short-sighted, because no one ever grew in mental strength or efficiency who did not grasp every opportunity at hand to broaden his or her knowledge. No matter how much we think we know, there is always someone who knows something that we do not, and if we pool our knowledge under the banner of a common endeavor, we do add something to our time and generation, and leave after us a heritage that will benefit our fellow human beings.

In the dental journals we also have been reading a great deal about the discovery of Horace Wells, a dentist of Hartford, Conn., who, on December 11, 1844, discovered that a tooth could be removed painlessly under nitrous oxide, or "laughing gas," and in that simple experiment gave modern dentistry its "triumph over pain." It was destined to be the discovery of the century . . .

The Hartford dentist was never given the credit he deserved for his great discovery; he died unrecognized and in tragic circumstances, though the A. D. Association accepted the priority of his discovery as early as 1864. Honors came to him posthumously from the A. Medical Association in 1870.

The progress made by any group, no matter what endeavor it follows, is always made through higher education; and that is what we, as members of the A.D.A.A. are banded together to achieve—HIGHER EDUCATION.

In proportion to the support we give those who are in charge of our development, will we achieve that which we are striving for—the raising of the calling of the dental assistants to that of a dignified, recognized profession.

It has been said that "where the independence is equal, the dependence mutual and the obligations reciprocal, success is assured." So let us heed this axiom and work as best we can to make our dreams come true, that we may be proud of the legacy we shall leave those that come after, and follow in our footsteps of service to the dental profession, for the uplift and welfare of humanity.

EDITOR, 1941-42: MRS. MARIE S. SHAW

From Mrs. Shaw:

On this the 25th Anniversary of The Dental Assistant, official journal of the American Dental Assistants Association, I feel a keen sense of pride and gratitude to those responsible for its growth and progress.

To our first Editor and Founder, Juliette A. Southard, we are forever indebted for her capable and dependable leadership, for her devotion and efficiency in all matters concerning the welfare of her fellow dental assistants. It was my privilege and pleasure to follow in Juliette's footsteps as editor of our publication in 1941-1942.

The whole-hearted support and cooperation of all the members of the A.D.A.A. meant much to me and made my duties less strenuous and more enjoyable during my editorship.

This commendable spirit is responsible for making our publication the fine, informative and educational journal it is today. We have indeed "grown up" since 1933 and are proud of our acceptance by the dental profession.

I extend my sincere best wishes to our present dedicated editor, Violet Crowley and her capable staff. I look forward to the continued growth and expansion of *The Dental Assistant*.

FROM WHERE I SIT:

Did you ever come across a phrase, while you were reading, that seemed so fraught with meaning, so inspirational that you kept mulling it over in your mind; thinking of its various connotations, letting it excite your imagination with wonderful vistas of past, present and future?

Such a phrase came to me the other day—"growth through challenge." In my mind's eye I saw a great oak tree that had withstood the ravages of the elements, perhaps through centuries; tornadoes had failed to uproot it; lightning had struck but failed to destroy, still it stood, grown strong in spite of all the destructive forces of nature.

Then my phrase conjured up visions of men, through the ages, finding their way through darkness and fear and superstition because they faced and overcame challenges. I saw men going to sea in frail crafts, with no guides but the stars, facing unknown dangers, finding and settling new countries and continents. In a matter of minutes I reviewed the history of our country, with its first few settlements on the eastern seaboard, then men and woman streaming westward, facing the wilderness, the plains, the deserts, the great mountain ranges; clearing land, building cities, putting forth all the gallant effort that went into the building of a great country; strong because of constant challenge.

Thoughts came trooping in of individual men; men of wisdom, integrity, imagination, ingenuity, taking their places as statesmen, educators, religious leaders, inventors, industrialists, business men, and that fine group of citizens who faithfully performed their daily tasks, giants among men, who grew great because of challenges.

The thirty-four years since the American Dental Assistants Association was organized, the twenty-five years that the Dental Assistants Journal has been in

existence, are an infinitesimal drop in what Thomas Mann called "the bottomless well of time" but important to us because we are "on stage" at this particular era. Nineteen-thirty-three, the year that the Dental Assistant first became the official publication of the A.D.A.A.; that was the year, when at a time of great economic depression a man told the world that "there was nothing to fear but fear itself." It was a challenge as well as an act of faith and courage to start such a project as a national publication that year. But Juliette A. Southard did just that. The magazine is still being published and how it has grown. Since then we have emerged from depression years; been involved in a second world war as well as military action in Korea; watched with misgiving the development of the atom for military use and with hope the further development of the atom for peace time uses for fuel, energy, medical science—the very thought defies the imagination; but what a challenge for men to control and use this great power for the benefit of mankind. They will, too.

During the past summer submarines have travelled under the north polar ice-cap; as I write this we have news that our Air Force has fired a rocket moonward, travelling at a speed of over twenty thousand miles an hour, perhaps to orbit as a moon satellite. These are great days; not a time for little people with small spirits; men are reaching out into the universe to grasp the moon and the stars.

After re-reading the foregoing I feel alternately ten feet tall and thirty inches high; actually I'm just an undersized Dental Assistant who once was privileged to edit the Dental Assistants Journal—and how that experience did enrich my life. Being a Dental Assistant puts me in a goodly company. We, too, will achieve stature as we meet the challenges of the future.

SADIE M. LEACH

EDITOR FROM 1950 to date: MRS. VIOLET L. CROWLEY

who contributes the following:

OUR OPPORTUNITY and OUR CHALLENGE

We are truly living in fascinating and challenging times!

With our country's standard of living steadily rising, as it has been since World War 2, it is reasonable to expect that the dental assistant of tomorrow will fill a much broader, more important role in the dental profession than does the present day assistant. And in our "crystal-balling" we see an exciting and prosperous future for dental assistants, their association and their journal. This points out the necessity for careful planning of a broad program for both the association and its journal—a program that will prepare us to keep pace with the future.

Does this not present an opportunity and a challenge?

The Dental Assistant is devoted to building professional stature for every last member of the vocation. Therefore, it should be prepared to offer more and more educational material in its future issues. Material that will aid the ADAA members in more efficient performance of their duties as assistants. It should be prepared for stronger efforts to bridge the existing gap between assistants and dentists, and their respective associations. It should promote a spirit of teamwork throughout the association structure. It should serve as the key to the entire communications system of the dental assistants' national association.

These goals sound fairly simple as we see them in print. But they can be achieved only through cooperation and effort—full cooperation from the association's leaders and individual members, and a great amount of effort on the part of the editor, working with a staff that is adequate in number. Production of a successful publication can not be done through the efforts of a single individual.

It has been pretty well established, however, that on the editor's shoulders rests a great amount of the responsibility for the creation of any publication, and all the while she must be constantly preparing for the future. She should possess a reasonable amount of knowledge of layout, typography and photography, and publication management. But her greatest opportunity lies in knowing what is worth saying and when and how to say it with vigor, human emphasis—sometimes with humor, and above all with simplicity. She must continually try, through the written word, to win and motivate the readers without preaching. She must be adept in rewriting, revising and clarifying without changing the author's thoughts and ideas and injecting her own in an article or paper. Always before her, in the publication of a journal such as ours, is the tedious task of gathering contributions from a reluctant source of supply—which in this case is assistants, dentists and friends. In short, for satisfaction, prestige, and growth in stature, if not in shekels, the editor must write, dream, think, revise, build, create, urge, rewrite and write, write, write. She must read more than write, and think more than read!

As we look forward together to a new era, who can say just how wisely we, as individual members, association leaders and journal staff members, will plan and how well we will be prepared for the future. It is my fervent hope that we will take advantage of our every opportunity, and that we will meet each challenge in such a manner that the creators of the Fiftieth Anniversary Issue can point with pride to the chapter we contribute to the new era.

This will be our opportunity and our challenge!

Editorial

WHAT THE DAY DEMANDS

There are three vitally important issues concerning the growth and progress of our association today. (1) MEMBERSHIP, (2) EDUCATION and (3) LEADERSHIP.

HOW DID YOU MEET THE DEMAND OF THE DAY?

First MEMBERSHIP—

- Did you take time to contact that new assistant and invite her to your meetings?
- Did you tell her of the advantages and OPPORTUNITIES she would have by belonging?
- Did you explain to her doctor the advantages of membership in our organization?
- Did you make her feel she was important to your society?

To some of us this may seem trivial, but it's the little things that pay big dividends. Growth is the only evidence of life.

Second, EDUCATIONAL PROGRAMS—

- Did you use the brochures on suggested programs sent from National and State education committees?
- Did you offer the Extension Study Course?
- How many table clinics were presented at your meetings?
- Did you stress attendance at the educational programs offered by the doctors, and other members of your state?
- How many of the articles did you read in The Dental Assistant and your own State Journal?
- To be able to do what you have never done before is the true meaning of education. Education leads to efficiency.

Third, but certainly not least, the day demands capable LEADERSHIP—

- Did you accept when asked to serve?
- As an officer did you take office, hold office, or fill office?
- Did you follow closely the instructions given you from your National officers and District Trustee?
- Did you attend special meetings when requested to do so?
- Did you keep your members informed of Local, State and National issues?
- Did you build better public relations by contact with your doctors auxiliary groups and component societies?

It is well to remember that without the individual member, there would be no local society, without the local society no state association, without the state association no national organization.

There are four things that come not back to us—the spoken word, the past life, and most important, the neglected OPPORTUNITY.

HOW DID YOU MEET TODAY'S CHALLENGE?

Ed. note: From our files, author unknown—who will claim authorship of this fine bit of writing?

Final 'D' Notes

By the time this issue is in your hands many of you will be just about ready to saddle up and start galloping down Texas way to have a look behind the Convention Curtain at the stage that is all set and waiting for the big jamboree that will get started on Sunday about 4 P. M. (November 9) with the Anniversary Tea.

Don't hesitate to come; there will be a bed for everybody and most of these will be in one of the fine hotels or motels in Dallas, but some might be in near-by Fort Worth (35 minutes away) as they, too, are saving a number of beds for you in their fine hotels and motels. So, come prepared for a full and exciting week as the guest of the Texas members.

Bring along your light weight woolens and winter cottons, a light wrap, one party dress, a sense of humor (and some ear muffs if you don't want to hear the bragging) and you will be all set. We promise you a lot of fun (along with some "educatin") that week in Dallas.

Check your past issues for a run down of the educational program, business sessions, and the entertainment program. Add to that some additional attractions you will find in Dallas that week, such as: an opportunity to hear the Opera star Maria Callas sing at the State Fair Music Hall (if you come as early as Thursday); a chance to see Southern Methodist and Texas A. & M. College



football teams play in the Cotton Bowl on Saturday; a visit to some attractive clubs and restaurants and you will have a pretty good idea of what you can expect to find to do in Big D that week.

About the only thing we can't promise you is lots of sleep, because there will be something doing every day and evening, and we know you will not want to miss a single thing.

So, hurry 'long now, get on your horse and join the Salt Grass Trail that leads to Dallas. The minute you pull up to the Hitchin Rack at the Baker Hotel fall out of the saddle, tie up your horse, and start looking for the Texas girls whose pictures appear in this issue. They will be happy to show you the ropes, and give you a few pointers on how to ride the range around Dallas that week.

**WE ARE EXPECTING YOU—
DON'T DISAPPOINT US!**

From the Chairman of the General Arrangements Committee, Steve Ann Montgomery:

Your Texas Hostesses are united in wishing you a pleasant journey to the LONE STAR STATE—and to BIG "D". They all join me in extending a hand of friendship and a warm welcome to this ANNIVERSARY MEETING.

THE AMERICAN DENTAL ASSISTANTS ASSOCIATION

1924

Dallas

1958

G
R
E
E
T
I
N
G
S



Mary Barrow—Gloria Reinhard

W
E
L
C
O
M
E

Camera—Lights—ACTION! The spotlight is on the ADAA Meeting in Dallas, and we want to be the first to say, "Howdy Pardner, Welcome to Texas." You will find us as you enter the Baker Hotel, ready to meet you, greet you and help you. We will have a special book for messages to keep tabs on roving members and friends. Use it daily. Register early and be ready for the FUN.

Don't miss the BIG "D" TOUR—Dallas is an interesting city and especially beautiful this fall. At the ANNIVERSARY TEA you will be entertained by Suzanne and Jim Harmon, Piano Duo, proteges of Liberace, who says of them "Not only do they possess a fine musical talent, but they possess a refreshing quality in their interpretations which reflects their youthful appearance and personality." Also, some of the most famous Charleston dancers in America. (This you won't want to miss). At the Banquet on Monday night, Dick Webster's Orchestra and Revue, with MIMI, Dancer Supreme, direct from Las Vegas—will present a sophisticated program, and music for dancing. Herb Shriner will be the headliner at the A. D. A. Entertainment at the Auditorium on Tuesday evening. And on Wednesday night YOU will be the headliner at the big

Western Party—come early, stay late, bring your friends, for an evening of FUN. Be there to win one of the many door prizes furnished by the States of the Tenth District.

The General Session and all House of Delegates Sessions will be held in the beautiful Terrace Room on the 17th floor of the Baker Hotel—with a panoramic view of the cosmopolitan area from the "Top of Dallas."

CLINICS? Yes, fifty of them on Tuesday morning at the Baker Hotel and twenty at the Auditorium on Tuesday afternoon. (Note this change in the program).

WHAT TO WEAR? Regular fall clothes for the meetings; Flapper Chemise for the TEA, either 1924 or 1958 variety; semi-formal or cocktail dress for the Banquet; for the Wednesday night shin-dig—ALL OUT WESTERN.

Registration and Information on the Main Floor of the Baker Hotel—that's where we'll be seeing you—and saying, "Hi, Pardner—Welcome to Texas and to Big "D".

Official Greeters

MARY BARROW

GLORIA REINHARD.

A. D. A. A. 34th ANNUAL SESSION

Morning..... 9:00 Fourth House of Delegates Meeting—Terrace Room
Presentation of Trophies
Installation of Officers
12:00 Board of Trustees Meeting—Retiring and Newly Elected
Officers—Tally Ho Room

Nominations For Elective A. D. A. Offices

1958 — 1959

For the office of **PRESIDENT-ELECT**:

JOY PHILLIPS. Dental Assistant—12½ years. Member of ADAA—12 years. Certified. Member of Arizona State Dental Assistants Association and Phoenix District Dental Assistants Society. Offices held in local: Secretary and President. Offices held in state: Secretary-Treasurer, President, Parliamentarian, News Bulletin Editor, organized Arizona State Association. Offices held in ADAA: 3rd Vice-President, 2nd Vice President, General Secretary. Chairman of ADAA Committees: J.A.S. Scholarship Fund, J.A.S. Relief Fund, special committee to compile Parliamentary Procedure Brochure.

For the office of **FIRST VICE PRESIDENT**: **LOIS KRYGER**. Dental Assistant—13 years. Member of ADAA—11 years. Certified. Member of Washington State Dental Assistants Association and Seattle District Dental Assistants Association. Offices held in local: Secretary and President. Offices held in state: Secretary and President. Offices held in ADAA: Trustee Ninth District, 3rd Vice President, 2nd Vice President. Chairman of ADAA Committees: J.A.S. Scholarship Fund, Elections, Representative to Seminar on Dental Auxiliary Personnel of American Academy of Dental Practice Administration in 1958. Member of ADAA Committees: Nominating, Education, Public Relations.

For the office of **SECOND VICE PRESIDENT**: **ALICIA KING**. Dental Assistant—17 years. Member of ADAA—12 years. Certified. Member of Pennsylvania Dental Assistants Association and Pittsburgh Dental Assistants Society. Offices held in local: Vice President and President. Offices held in state: President (2 years). Helped organize State Association. Offices held in ADAA: Trustee Third District. Chairman of

ADAA Committees: Nominating and Resolutions.

For the office of **THIRD VICE PRESIDENT**: **LA VETA LEHN**. Dental Assistant—24 years. Member of ADAA—17 years. Certified. Member of Nebraska Dental Assistants Association. Offices held in state: 1st Vice President and President. Offices held in ADAA: Trustee Seventh District. Chairman of ADAA Committees: Membership, Nominating, Resolutions, Recommendations. Member of Public Relations Committee.

For the office of **GENERAL SECRETARY**: **CORINNE DUBUC**. Dental Assistant—21 years. Member of ADAA—18 years. Certified. Member of Rhode Island Dental Assistants Association. Offices held in state: All offices. Offices held in ADAA: Trustee First District, 3rd Vice President. Chairman of ADAA Committees: J.A.S. Birthday Party Committee, Public Relations, Program Coordination. Chairman of the Certification Board two years, and Contributing Editor of the Journal for two years.

For the office of **TREASURER**: **HARRIETT DARLING**. Dental Assistant—27 years. Member of ADAA—18 years. Certified. Member of South Dakota Dental Assistants Association and Huron Study Club. Offices held in local: All offices. Offices held in state: All offices. Offices held in ADAA: Trustee Seventh District, 3rd Vice President, General Secretary, Treasurer. Chairman of ADAA Committees: Public Relations.

For **ACTIVE MEMBERSHIP** on the **CERTIFICATION BOARD**:

HELEN AUER. Dental Assistant—15 years. Member of ADAA—7 years. Certified. Member of Maryland State Dental Assistants Association and Baltimore City Dental Assistant Society. Offices held in local: Secretary and President. Offices held in state: Secretary. Chair-

man of State Education Committee: 2 years. Member of State Examining Committee: 3 times. Has taken Extension Study Course. Has not served as active member of ADACB.

LOIS BARRICK. Dental Assistant—13 years. Member of ADAA—10 years. Certified. Member of Northern California Dental Assistants Association and Diablo Dental Assistants Society. Offices held in local: Vice President, President, Advisor. Offices held in state: Director. Chairman of State Education Committee: 2 years. Member of State Examining Committee: 6 times. Has Taken Extension Study Course. Has not served as active member of ADACB.

HELEN SEARLES. Dental Assistant—22 years. Member of ADAA—18 years. Certified. Member of Rhode Island Dental Assistants Association. Offices held in state: President—2 years. Offices held in ADAA: Trustee First District. Chairman of ADAA Committees: Resolutions, Nominating, Awards. Chairman of State Education Committee: 1 year. Member of State Examining Committee: 2 times. Was certified without examination. Has taken Extension Study Course. Has served 1 term as active member of Certification Board. Has served as Secretary of ADACB Advisory Council, Director, Chairman of ADACB By-Laws Committee, member of ADACB Budget Committee, and liaison member of ADACB to A.D.A. Council on Dental Education.

MARY FERRISE. Dental Assistant—10 years. Member of ADAA—10 years. Certified. Member of Minnesota Dental Assistants Association and St. Paul District Dental Assistants Society. Offices held in local: Vice President and President. Offices held in state: 2nd Vice President, 1st Vice President, and President. Member of ADAA Committees: Membership and Pin (7th District). Chairman of State Education Committee: 6 years. Member of State Examining Committee: 6 times. Has Taken Extension Study Course. Has not served as

active member of ADACB.

W. RUTH EDWARDS. Dental Assistant—6 years. Member of ADAA—5 years. Certified. Member of Iowa State Dental Assistants Association, and Des Moines District Dental Assistants Society. Offices held in local: Secretary, Treasurer, Vice President. Chairman of State Education Committee: 1 year. Member of State Examining Committee: once. Has taken Extension Study Course. Has not served as active member of ADACB.

DOROTHY THACKER. Dental Assistant—10 years. Member of ADAA—9½ years. Certified. Member of District of Columbia Dental Assistants Society. Offices held in state: Recording Secretary, President-Elect, President and Trustee. Chairman of State Education Committee: 1 year. Member of State Examining Committee: once. Has taken Extension Study Course. Has not served as active member of ADACB.

ANNE WETZEL. Dental Assistant—11 years. Member of ADAA—10 years. Certified. Member of Ohio State Dental Assistants Association and Dayton District Dental Assistants Society. Offices held in local: Secretary and President. Chairman of Education Com. Offices held in state: Secretary, 3rd Vice President, President. Chairman of State Education Committee: 1 year. Member of State Examining Committee: 3 times. Has taken Extension Study Course. Has not served as active member of ADACB.

MARTHA WOOD. Dental Assistant—17 years. Member of ADAA—5 years. Certified. Member of Alabama Dental Assistants Association and Birmingham District Dental Assistants Society. Offices held in local: 2nd Vice President and 1st Vice President. Chairman of State Education Committee: 1 year. Member of State Examining Committee: once. Has taken Extension Study Course. Has not served as active member of ADACB. Is Alabama State licensed Dental Hygienist.

Calorie Clue: A Fad-Free Diet

You're sick and tired of all this talk about diet. You can't read a magazine or play a hand of cards without running into it. What's going on, anyway? Is the whole country on a diet?

Just about. Fifty million Americans are overweight, a disturbingly round figure that includes teen-agers as well as their parents. At any given moment, statisticians estimate, one adult out of every four is trying to reduce. Hence the jabber.

But if they talk about "miracle diets," set them straight. According to nutrition expert, Ida Jean Kain, and Mildred B. Gibson, there "ain't" no such animal. A good diet is as wholesome and steady-paced as a good man (and good diets build good men). Flashy quickie diets cause only a temporary weight loss, because they don't change basic eating habits. Having lost five pounds in five days with a stingy, eccentric menu, the dieter speedily gains them back when he returns to his usual fare. Meanwhile, he may have done himself permanent harm. The recently popular low-protein diet destroyed essential body tissue along with excess fat. A few years of this routine, alternately gaining and losing weight, may actually contribute to high blood pressure.

A weight loss of two pounds a week is maximum, nutritionist Kain explains, if the diet is to give enough nourishment and energy. Their easy-going time table is outlined in a new book just published by Doubleday, "Stay Slim For Life." If you *are* slim, you can find your ounce of prevention here. This is how the system works:

First, estimate your correct weight. Woman can allow 100, 105 or 110 pounds for the first five feet of height, depending on bone structure. Add five pounds for each extra inch. Height is computed without shoes, weight without clothing. A man of medium build allows



110 pounds for the first five feet of height and $5\frac{1}{2}$ pounds for each additional inch. Big bones, a wide frame and heavy muscles entitle the bearer to 10% more weight.

Are you overdrawn? Cutting 1000 calories from your daily intake will trim you two pounds a week. For the moderately active housewife or career girl, this means a diet allowance of 1000 calories for all three meals. The sedentary fellow gets 1400 calories, but the man who does hard physical work is entitled to 2000 per diem. You can take it slower if you like. Women past forty won't add wrinkles if they lose only a pound a week.

Any sound reducing plan must be based on the so-called "protective foods:" lean meat, fish and fowl, milk and cheese, whole grains, fruits and vegetables. Because small amounts of carbohydrates actually aid the reducing process, the most effective diet allows two servings a day of bread or starchy vegetables (e. g. potatoes, peas, lima beans) — but only one ounce of fat, including fats used in cooking. Especially important are the "complete protein" foods: whole or skim milk and buttermilk, cheese (including cottage cheese), meats, fish and poultry, and soybeans. Doctors have noted a more effective carry-over of energy and better hunger control when a complete protein food is included in each of the three meals. A 200 or 300 calorie breakfast which includes a protein food can keep you satisfied till lunchtime. Never skip breakfast. It's fattening practice to slight

food during the active part of the day and overeat at dinner, for late-day calories are more likely to be stored as fat. It's wise to snack in the late afternoon, when blood sugar — hence energy — tends to drop. But be sure that your pick-me-up doesn't exceed 100 calories.

One of the best reducing aids is a new suit or dress. Aim to reduce one size at a time. It boosts your morale by giving you a series of near goals instead of one discouragingly distant Grail.

Nothing helps? You're about to drown yourself in hot fudge? Join or organize a reducing club. Some friendly competition may be just what we need. To form a club, ask six to twelve other dieters to

join. See to it that everyone has a preliminary physical check-up.

A good diet should last you all your life. Continue to concentrate on the protective foods even when you've thinned down. You can eat more fats and starches, of course, and an occasional rich dessert. But never consume more calories than you need to maintain your new weight. And go especially easy those first weeks after the diet, when metabolism is somewhat lower than normal and lost pounds are easily regained.

Enough weighty talk? If you ponder what's already been said, you may never have to dodge the scales. Remember — fifty million Americans *can* be wrong.

HELP YOURSELF

Edited by JANET LINDENBERG

An eye-catching item for the cub scout patient is easily made by pouring surplus plaster mixes into a latex mold, available at scouting supply dealers. When painted these are very attractive.

* * *

With a "Q" tip apply cocoa butter or vaseline to the clasps of a new partial denture before the try-in. The lubricant aids in insertion and removal of the clasps on the teeth.

* * *

Radiographs can be dried quickly by dipping them in alcohol and hanging them in front of a fan.

* * *

To prevent rubber dam from splitting, rub a small amount of vaseline on rubber around the area to be used. It will then stretch without tearing.

* * *

A few grains of salt on the end of the patients tongue will prevent gagging when taking impressions or radiographs.

* * *

A single cotton roll saturated with oil of peppermint and placed in the bottom of the jar in which the cotton rolls are

kept will permeate the rolls and give them a pleasing scent.

* * *

A small glass dish of water on the bracket table into which the Doctor can dip his fingers while taking modeling compound copper band impressions is a thoughtful gesture. The modeling compound will not stick to moistened fingers.

* * *

Bottle labels can be kept clean and free from stain by covering them with a thin layer of colorless nail polish.

* * *

In posting checks, staple the cancelled check to the original stub in the checkbook. When the checkbook is used up, all cancelled checks will be posted in their proper order and you will have a permanent bound record of all checks.

* * *

A topical anesthetic applied to the gums before applying a matrix band, helps to relieve any sensitivity or discomfort.

* * *

Two hints for making any day more pleasant, "THINK and THANK".

INCREASE THE EFFICIENCY OF YOUR WORK DAY!

Use Your Appointment Book to Better Advantage as a Guide to Efficient Scheduling

Efficient appointment scheduling should begin months in advance.

Holidays and other days not available for practice should be blocked off immediately.

Dental society meetings, conventions, etc. should be noted in your appointment book.

A specified portion of your time should be set aside, by appropriate indication in your appointment book, for emergency and unscheduled work.

The right appointment book provides for an efficient recall program.

The A.D.A. APPOINTMENT BOOK, with its Week at a Time feature, has been especially designed to meet all of the above needs in the most efficient manner.

The 1959 APPOINTMENT BOOK shows the hours and the half hours with two additional lines for use as desired. This allows 15, 30, 45 and 60 minute appointment periods without difficulty.

Space has been provided for notations following each patient's name.

Hours are shown to 9:00 p.m.

You can get a copy for yourself and each of your associates by filling out the coupon below and returning with your remittance of \$3.00 per copy for each book ordered.

American Dental Association, Order Department

222 East Superior Street, Chicago 11, Illinois

Enclosed is my check for \$_____

Please send_____copies of the 1959 Appointment Book to:

Name_____

Street_____

City, zone & state_____

Do What You Want — And Live Longer

By MARIE GIBSON

"No matter how I coax and threaten," a worried mother told me, "my Tommy simply will not eat his spinach.

"Whatever am I going to do?"

I suggested that she give him strawberries and cream instead.

"You're not serious!" she gasped.

I told her I never was more serious. Strawberries and cream happen to be packed with vitamins and minerals, and Tommy liked strawberries and cream while he detested spinach.

I am a strong believer in doing what you like. The very fact that you enjoy a thing is reason enough for doing it. This does not mean that I favor selfish indulgence or unbridled dissipation. It does mean that I'm in favor of getting more fun out of life.

Down through the centuries men have searched for some formula that would prolong the span of human existence—an elixir to endow men and women with eternal youth. The famous Pasteur Institute of Paris recently announced that it, too, is working on a "youth serum." The project is still in an experimental stage; but even if it were to succeed, how much better off would humanity be? What point is there in extending the span of one's existence if it simply means increasing the number of years in which to be old and futile?

Wouldn't it be more to the point to study ways and means of packing more living into the span of life already allotted to us?

A doctor friend has told me of a patient whom he inherited from his father. The patient is nearing 90 and apparently is in the best of health; yet my friend has never known him to draw an uncomplaining breath, or to be other than a burden to himself and a pain in the neck to those around him. For all his years, such a man can scarcely be said to have "lived" at all.

You're not truly living unless you get a kick out of life, you're simply existing. Yet I know plenty of people who actually go out of their way to deny themselves fun and enjoyment.

One man never does anything because it would be pleasant or enjoyable but always because it is his bonded obligation. He is one of those fellows of whom it is aptly said that they were "born old." His oppressive sense of duty makes him a bore to his acquaintances and a trial to his family. An overly conscientious woman considers it a sin to laugh since her husband died. Hugging her grief, she denies not only herself but her children the right to a happy, normal existence.

Many people make themselves miserable by adhering to a disagreeable "health" regime under the mistaken notion that such practices are somehow good for them. They persist in sleeping beside open windows in cold weather though nose and throat specialists condemn the practice. Millions of American males start the day in fear and trembling with a cold shower that shocks the nervous system, leaves them chilled and under par and causes them to become drowsy by midmorning. They do it on the theory that it "hardens" them, whereas in a majority of cases it actually makes them more susceptible to colds.

One of my friends knocks himself out every morning doing setting-up exercises to keep himself fit. United States Army tests prove that recruits subjected to intensive calisthenics probably do not possess more physical endurance under combat conditions than soldiers who have had little or no "toughening."

I know a woman who feeds her family quantities of raw carrots, cracked wheat and brown sugar. Her meals are scientifically apportioned blends of proteins, carbohydrates, fats, minerals, vita-

mins and roughage; nevertheless, they are so unappetizing that her family fails to get much benefit.

Then there are people who ruin their lives by being over-particular about their physical surroundings. A woman in our town is a perfectionist and a fuss-budget. She makes both her family and visitors uncomfortable by her prissy insistence on having everything arranged just so—from chairs and ash trays in the living room to umbrellas and overshoes in the coat closet. Basically a well-intentioned wife and mother, this woman would be all right if only she could learn to relax and take things as they come.

And I know couples who are so determinedly conventional that they don't get fun even out of their amusements. They play bridge or golf not because they enjoy it but because it's "the thing to do."

Then there are those who have fallen into the habit of putting off the things that make for real living. One woman is forever buying a new suit or gown. But she rarely wears any of her smart clothes. She is saving them for some indefinite future occasion that never seems to arrive. Another young woman, a school-teacher, went without her summer vacations for years in order to take more and more college courses. Last summer, having at last received her doctorate, she visited a summer resort for the first time. But she was so miserable there that she cut short her stay. It was too late—she had forgotten how to play. She isn't as good a teacher with a degree and a frown as she was with no degree and a cheery outlook on life.

It's possible to wreck your life by trying to play things too safe. No man can be happy if he's excessively anxious about his home, his bankroll, his job or his health. When you get right down to it, all living involves risk. The people who try always to play it safe not infrequently find themselves more vulnerable to trouble than those who are willing to take some chances.

Many who entertain the notion that because a thing is unpleasant it must be good for them also believe that whatever is pleasant is bad. This is equally absurd. The world is full of good and pleasant things put there for our enjoyment: sun and rain and food and sleep and love and play and laughter. If we turn our backs on them, are we not guilty of ingratitude to their Creator?

Living, as I see it, is an art, the most important art that is. Yet few people learn to practice it successfully. Mrs. Anne Mary ("Grandma") Moses probably offers the perfect example of the fun you can enjoy once you relax and start doing what you really want to do. Grandma Moses always wanted to paint, but she never got around to it till she was 78. Today at 89 unflustered by fame and wealth, she paints for the sheer joy of it.

Nobody needs to go on living in the squirrel cage of a dull existence. Anybody who really wants to can emancipate himself and start enjoying life. The owner of a filling station far off the usual tourist routes in the Rocky Mountains was a man of obvious education and refinement. It eventually came out that he had been for a time a partner in a Manhattan law firm; but he hated the work and hated the life, in spite of all the money he was making. "So I quit and came out here," he says. "It may not be for everybody, but this part of the world suits me. My ulcers have disappeared; my nerves are steady again. I'm my own boss. Any time I feel like it I go fishing for a week. I don't make much money, but I'm having more fun than I ever had in my life."

The really successful man is the fellow who gets paid for doing the things he likes to do. He'll not only be happier but the chances are he'll live longer, too. In the Book of Proverbs it is written: "A merry heart doeth good like a medicine." There's no other medicine to be compared with it.

Put Your Best Foot Forward

By SYBLE TAYLOR

Dothan, Alabama

Every person has faith. Also, every person has fears. In life the difference is whether you start with your faith or with your fears. Some people think first of the difficulties when facing an undertaking. Other people think of the possibilities.

There was a lady who had a stroke of paralysis which caused her left leg to be severely crippled. She had great difficulty in learning to walk again. In fact, she surrendered herself to a rolling chair. Her doctor was a very wise man and he refused to let her stay in that chair. One day he told her to stand up. Then he told her to walk. Slowly she put forward that crippled left leg but she sank back into the chair unable to complete the step. However, the doctor told her to stand up again. Then he told her to take the first step with her right leg. She did that and found out she could walk. The wise doctor then told her to remember that she could walk if she would always put her best foot forward. That is one of the essentials of faith. Start with your faith and your paralyzing fears will not be able to hold you back.

Every person has limitations and every person has assets. The difference in people lies in whether they start with their problems or with their powers, whether they first step forward with faith or with fear. The other night I was reading one of Jack London's books. I thought about him. He was nineteen years old before he ever got a chance to go to high school. He died when he was forty years old. Yet he wrote fifty-one thrilling books.

Lord Byron and Sir Walter Scott each had club feet and were forced to limp their ways through life. Milton, Homer

and John Bunyan, three of the greatest writers of all time, were each totally blind. When F. W. Woolworth got his first job in a store, they would not let him wait on the customers because they said he was too stupid.

Men like these will live forever because they emphasized their assets instead of their weaknesses.

People in Vienna delight in swimming in the Blue Danube. One of their favorite sports is going up to one of the higher levels of the great river and swimming down toward the center of the city. But every year a few of the swimmers are caught in the whirlpools and drowned. An expert swimmer says that all such drownings could easily be avoided. He says that water, if given a chance, will always push human beings toward the surface. But one must trust the water. When caught in a whirlpool, many become panic-stricken and are drowned. However, all one has to do is hold his breath for a few moments and the water will thrust him clear and he can easily swim to safety.

So it is in the stream of life. We have the faith to start off on some high adventure. We are happy in our hopes and confidently we move forward. Then we become caught in some whirlpool of life, and instead of making progress, we are violently thrown around. Our strokes lose their natural rhythm. We become panic-stricken, we press harder, or just surrender to failure. If we would hold to our faith, it would never fail us.

One of the greatest men of our time, or of any time, is Winston Churchill. But back in 1915, he was demoted from an important position and branded as a failure. For twenty five years he was lost

in political obscurity. But though he was lost from the public eye, he never lost his faith. In 1941, the stream of life pushed him to the surface again and he was ready to write one of England's most glorious chapters.

In this connection we quickly think of Columbus. He had faith in a great idea. But his friends deserted him, his wife died, he was even forced to beg for bread. He waited and worked for seven long years before he got enough help to begin his journey across the sea. For sixty-seven days he sailed. Storms ravaged his ships. The men threatened mutiny. But Columbus stayed with his faith and discovered a new world. It was as Joaquin Miller wrote: "What

shall we do when hope is gone? . . . Sail on! Sail on! and on."

Have you surrendered to the wheel chair? Are there books, papers, ideas on public relations yet to be released from your store house of knowledge? Are your feet faltering? Are you sinking in whirlpools of complacency, or are you surfacing to new heights of inspiration? *You* can be another F. W. Woolworth or a Winston Churchill, if you are willing. Right now purpose in your heart to put your best foot forward and NOT give up the ideals you set for yourself when you chose this profession. Don't give up your faith. There is a new world ahead for you too.

Teamwork

By LUELLA SHERER

St. Cloud, Minn.

The Dental Assistant is no longer just an office girl who answers the telephone and makes appointments. She is a trained member of the dental office team; the more she learns, the more assurance she has in herself; and the more assurance she has, the more confidence will be placed in her by her dentist and his patients.

She must like people and be interested in each person as an individual. She must be kind, considerate, loyal, and be capable of maintaining respect for and confidence in her employer.

Dentistry is an art, a science, and a great and noble profession; and the only money that is made in a dental office is made by the dentist doing dentistry.

All of the money that comes into the dental field comes from the patient; and the assistant in most offices is the first person to meet the patient and influence him favorably or unfavorably toward dentistry.

Two things that count most in the success of an assistant are a good personality, and a specialized knowledge which she will attain through experience.

A good sense of humor will help mask much pain and will act as a tonic for the dentist as well as the patient.

Anticipating the needs of her dentist is an excellent characteristic for an assistant to have. In order to help him efficiently with the best possible care of the patient, she must be one step ahead in her planning of procedures for assisting. The result will be a smoothly-run dental office.

The average dentist produces the greatest amount of dentistry when he works steadily with few interruptions; so long appointments are preferable.

Valuable time will be saved if the assistant prepares the patient in advance. This is the advantage of having two dental chairs. She should know what work the patient needs, pre-medicate him prop-

erly and have the record card and x-rays mounted ready for use.

Appointments should be arranged so no time is lost between patients. For example, while waiting for an anesthetic to take effect, another patient can be examined or some other short operation performed.

The assistant should train her hearing, so that even though she may be in another room, she will know exactly what the dentist is doing in order to be at the chair when he needs her assistance.

She should adapt herself to her dentist's individual requirements and at the same time show some initiative.

She should become equally skilled with both hands and work gracefully and calmly, handing the instruments so as not to interfere with, or obstruct the line of vision of the operator.

If a cavity is being prepared in a lower tooth, she should use a mirror to protect the tongue; and if a diamond point or

any other instrument which requires water is being used, she should direct the stream of water on the point. This not only keeps it at a constant temperature, but washes the debris from the cavity.

With a little experience, the assistant should be able to select the correct matrix for the filling and a routine can be worked out as to who inserts the cotton rolls and dries the cavity while the other prepares the alloy; or, if it's a gold restoration, mixes the cement.

For prosthetic work, impression materials should be measured out in the correct proportions by the assistant.

Much productive time can be saved for the dentist if the assistant can attend to all the details after the patient leaves the chair.

So teamwork in a dental office, besides being profitable, makes work a job instead of a chore.

From Central Office Wires

On November 1st, the ADAA starts crediting dues received to 1959 memberships. The first membership cards will be delayed until about the middle of November, because of the lateness of the Annual Session, and the election of the General Secretary, whose signature is on these cards.

Central Office has ADAA Information Booklets for the use of its Associations and Societies in explaining the structure of the ADAA. There are also career pamphlets which can be given to girls and women who are interested in dental assisting as a career. "Dear Jill" was written especially for high school girls; and "Be A Dental Assistant" is more suitable for women who are past the "teen" age. If you have need for any of these leaflets, they are available upon request.

There will be revised sample by-laws for State Associations and Local Societies shortly after the first of the year. If you have not brought your by-laws up to date within the last year or two, plan to do this early in 1959. When you write to Central Office for the sample for a State Association, be sure to tell us whether your State has a House of Delegates or a General Assembly.

Do not fail to continue your efforts toward increased membership. Invite the new assistants in your community to your meetings; and be sure that the meetings are interesting, and that there is a welcome and friendliness for your prospective members.

Financial Planning For Career Professional Women

By E. R. SMALL

Peoria, Illinois

In the first place as a professional woman, you need to build a reserve to protect your investment in yourself.

In many ways the investment you make in your profession is similar to the investment which a businessman or woman makes in his or her business. Your investment, however, is not a tangible one, for your stock in trade is your knowledge, ability, and skill which builds for you a cash producing asset just as definite as that which the business person builds when she erects a building, a warehouse, a factory, or places stock on the shelves of her store.

As you increase your knowledge, ability, and skill, you add to your worth thousands of dollars which you will receive as income over your producing years.

Just how large a sum you may expect to have come to you if you live to age 65 may be seen in this chart.

If Your Age is	\$300.00 Monthly Income	\$400.00 Monthly Income	\$500.00 Monthly Income
25	\$144,000	\$192,000	\$240,000
30	126,000	168,000	210,000
35	108,000	144,000	180,000
40	90,000	120,000	150,000
45	72,000	96,000	120,000
50	54,000	72,000	90,000

For example, if you are now 30, and earn \$400.00 Monthly, you may expect to earn \$168,000 if you live to age 65. Future income increases will increase your total expected earnings considerably.

This potential worth, being intangible, has no trade-in value. It can not be sold or given away. It is non-transferable and non-convertible and does not exist apart from you. But as long as you work your

investment is as valuable to you as is a successful factory to a businesswoman. When you stop working or die, your investment to yourself is completely dispersed and become worthless. The businesswoman's investment, however, when she quits or dies may become reduced in value, but is not destroyed. It still has value to her or someone else.

Consequently, since your investment in yourself has value only so long as you are alive and working, and if you and your family are to realize the capitalized value of your earning power, it is necessary that you live, and there is nothing more uncertain than this.

Life insurance offers a system which will guarantee that your death will not cheat those dependent upon you out of those dollars which are theirs by the right of your training, experience and skill.

In the second place, the fact that you have an investment in yourself gives rise to the further need for financial planning which will help to offset your constantly depreciating life value.

The businesswoman's investment is fairly stable. Property values and merchandise values are subject to fluctuations, and yet, year after year these values do not change greatly. Your investment, however, constantly depreciates in value for you have but one asset—your life. Your one salable commodity is your personal abilities. You must sell it from day to day, before it is gone and each day finds your investment diminished by so much.

In a very real way, the days, months and years, one by one, are put into the machinery of life which turns them into money for you . . . and as these days

come to an end, so the money coming to you comes to an end.

When the final working day comes, then income from your abilities stops. But as long as your life continues thereafter, some form of income will be necessary to replace your lost earning power.

Thus, you need a financial system which will enable you in a businesslike and efficient way, to offset this depreciation process and enable you to build a sinking fund year by year which will attain maximum size and value at the very moment when the value of the investment you have made in yourself, and which is the source of your income, reaches the ebb point.

The professional woman must look out for herself. She has no business that will go on working for her. The only pension she may expect is one she creates herself, and an excellent retirement fund can be combined with the life insurance she needs to capitalize her life value. Such policies are usually called "Life Insurance with Annuity" or "Retirement Income" plans . . . and have the advantage of distributing the funds accumulated over your remaining lifetime, so that you can not outlive your income.

In the third place, most professional women need a system for investment which will not fail them.

Professional women (and men, too!) as a class, are among the heavy losers

when it comes to investing their money which is no reflection upon their ability, but is due to three reasons. One is that they are well-paid with a surplus to invest and are targets for every type of appeal—blue sky, gold mine, oil well, and so on.

Another reason why they often lose heavily is because, as a class, professional women are so concentrated upon their work that they do not have time to spend in studying investments before investing.

Your very skill in your profession indicates a fidelity to it, which almost precludes any great degree of skill in, or knowledge of other lines . . . especially anything as involved as thorough research in investments. Furthermore, affairs which engross your mind are usually far removed from even casual contacts with business problems . . . your training, your education, your daily work, your reading, your contacts, all have to do with problems and matters not concerned with business.

Good financial planning then, dictates investment of surplus funds, beyond those required for life insurance and a basic retirement (depreciation) fund, in non-speculation areas such as bank saving accounts (To the extent of cash emergency reserves), government and other blue chip bonds, Saving and Loan Shares, and similar media.

Eddie Cantor once said, in referring to

In Memoriam

MRS. DELOS L. HILL (GUSSIE HENRIETTA PARKHURST HILL) passed away January 6, 1958.

Mrs. Hill was an Honorary Member of the Georgia Dental Assistants Association for many years. She and the late Dr. DeLos Hill had contributed much to numerous and various organizations in Dentistry. Mrs. Hill was responsible for the Children's Clinic of Emory University School of Dentistry, but greater than all of her material benefactions was her gift of love for young people in all walks of life.

The Georgia Dental Assistants have lost a great friend in the passing of Mrs. Hill and the memory of her and Dr. Hill will serve as an inspiration long to be remembered.

MARIE S. SHAW, *Chairman*,
DeLos Hill Education Fund

investments, that he was more interested in the return of his money than the return on his money. This is sound advice for all of us.

Finally, good financial planning for professional women calls for sound, high grade, disability insurance, to create a source of income if accident or sickness increases your expenses suddenly and disastrously, and puts an end, temporarily or permanently, to your earning ability. Accident, sickness, hospital and major medical expense insurance should be carefully selected. Any plan is good, if you don't have a claim, but the best you can buy is the lowest priced in the end.

This combination of (1) a cash reserve for emergency needs (2) retirement life insurance (3) surplus savings in non-speculation investment areas and (4) Disability and medical expense insurance

is a formula which protects against life's great hazards . . . death, old age and disability.

You may die too soon, you may live too long; you may die economically but live on physically. In any event you will have secured yourself and your dependents against financial disaster and, by way of an important by-product, you will have a great measure of peace of mind by having eliminated the big worry factors.

Can you afford to adopt such a program? Those who spend first, and try to save what's left, end up as financial failures. If you commit yourself to a sound long range plan, take out the dollars to support it first, then spend what's left, you may be surprised to find you are living just as well and much more happily.

Professional Conduct in Dentistry

By A. L. BOMER, D.D.S.

Poplar Bluff, Missouri

The purpose in discussing this subject is not to challenge the technical, professional or business training of others, nor is it a solution or theory for solving our daily problems. May I add my thanks and gratitude to Miss Archanna Morrison for her attitude and training that is so helpful in dentistry today, to Dr. I. R. Levy on his fine textbooks for Dental Assistants, Dr. John Charles Brauer, Dean of the University of North Carolina, for his fine book for Dental Assistants, and to Miss Arlene J. Creeny and others for their fine contributions to professional practice programs. Dentistry owes these leaders a great debt. Dr. Hollis Askey of Lincoln, Nebraska has made an extensive study and appeared on many dental programs over America with excellent counsel regarding personal appearance, attitude, conduct and practice.

Very few dentists or physicians read

enough or follow the teachings of anyone related to the conduct of their office or practice. Some improvement has been made in the last two decades in doctor-patient relationship and in dealing with auxiliary personnel. We owe much to the young women of America for trying to help us to progress. There is a great lack of harmony and understanding or purpose with both dentists and dental assistants. We need to be loyal, understanding, and be more objective in our support of each other to better serve our patients.

What is our personal design for living and service? We are all needed and can be useful if we are honest, sincere, and fair to ourselves and others. We have much to do with the cheapness or goodness of our conduct. Don't you think being smart is largely hard work? To be in harmony with others we must be useful. Are we serving our patients with

courage and strength and to the best of our ability?

Hippocrates, the acknowledged Father of Medicine, authored an admirable and enduring code of medical ethics in the 5th century, long ante-dating the common law. As one of the stated principles of his code he gave bold expression to what he considered a sacred bond between himself and his patient and offered it as a paragon to the medical practitioners of his time. In sagacious, impelling and significant word he incited and encouraged his brethren with the following:

"Whatever in connection with my professional practice, or not in connection with it, I see or hear in the life of man which ought not to be spoken abroad, I will not divulge as reckoning that all such things should be kept secret."

It is problematical that more positive or apt words could be selected and used to make a purpose and precept more clear and certain. There is no doubt, ambiguity or obscurity in the language of Hippocrates. Did Hippocrates, at the time he wrote those immortal words, envision that the confidence existing between doctor and patient should be a legal, as well as, a moral duty and obligation. The common law ignored what Hippocrates taught, and it took no note of the confidential relationship between doctor and patient in so far as safeguarding and protecting conversations and transactions between them.

Dentists are truly physicians of the oral cavity and are highly trained, technically, and have earned the title of "Doctor of Dental Surgery." Few dentists, indeed, are trained or have much ability as business men. This, even today in a six year course, is not included in the curriculum of dental training. Very few dentists have grouped themselves in clinics or offices with even fair business practices or administration. Large hospitals have superintendents or business administrators that are trained for the responsibility of controlling production, receipts and

disbursements. Most dentists and many physicians are still trying to run their office or clinic with untrained, inexperienced personnel.

Opportunities in dentistry are better than general business or almost any other field for untrained and inexperienced auxiliary personnel. Show me a dentist or physician that is not genuine, sincere or dedicated to serve people and I'll say, "They should not be in dentistry or medicine."

If you do not have desire to help others and have only selfish motives, or if you have fear and don't like dentistry, for goodness sake—get out of it and do something you like and can do well.

What are we trying to do in dentistry, in our offices, and with our lives? How shall we proceed and what will be our result?

Entertainment is not a basic fundamental for useful living. Do we have fears or courage? Are we extroverts or introverts? How much time do we spend in self analysis? Are we genuine and sincere, or are we miserable and frustrated?

What is our attitude? Are we selfish or are we interested in others? Do our lives have meaning, purpose and direction?

Dwight L. Moody said, "I have more trouble with myself than any man I ever met." How well do we live with our fellowmen?

If the body and soul of man and woman are to be well and healthy, we must know God. Shall we plan our lives and work our plans?, or shall we take the line of least resistance and make excuses?

May I suggest orderly thinking, living and practice in our daily lives? The cross of happiness is "Love, worship, work and play."

The separation of duties in dental offices depends on the type of operation, or office or clinic, one is associated with. There may be one dentist and one operator or more than one dentist and more

than one operator. There may be one or more dental assistants. The duties can and should be divided based on needs and personnel used, but any auxiliary personnel should be an ally to employer and vice-versa.

From THE PROPHET, by Gibran—I quote:

"When you work, you are a flute through whose heart the whispering of the hours turns to music . . . To love life through labor is to be intimate with life's inmost secret . . . Work is love made visible."

I chose these words because they so eloquently deny the false notion that work is no more than a means to an end. We must work, as we must breathe, to live, but working and breathing are more than the mechanics of self-preservation. To see work as only a necessary evil is to turn it to mere drudgery. To value a job solely for its salary is to make one's self a wage slave. The labor we love for its own sake makes us free as well as happy.

To love work is to love life, and life, like experience, keeps a dear school. But the wise attend it eagerly. They know that it is dear, not for its cost, but for the value of its lessons, and they prize the joy of learning in it.

A simple statement by Lincoln was Dr. Smiley Blanton's biggest discovery—"We Must Think Anew—and Act Anew." The decision to 'act anew' was not easy. I knew that I would be well into my thirties before I had a medical degree, that I could hardly hope to become an established psychiatrist before I was forty. My friends counseled against such a drastic step. I took it anyway. I have never regreted it for an instant."

"Today, many of the people who come to me for help are suffering from a kind of rigidity caused by blind adherence to old patterns of thinking and acting. They cannot adapt to changing conditions. They find it so difficult to bend that sometimes they break."

"Quite often, in my efforts to help such people, I quote these words of Lincoln. When problems beset us, I tell them, when there seems to be no solution, we must act rigidly. We must not look at our difficulties from old, habit-worn, out-moded points of view. We must *think anew*—and with the new thoughts will come the power and the confidence to *act anew*."

"A great American told us this. We should remember his words and try to live by them—as he did."

We are told we must first learn to be a good follower before we can be a good leader. As adults, we only use 20% of our mental capacity. Has anyone ever died from over-work or mental exhaustion? Are we mentally lazy? How much do we know about and practice self discipline? Are we enjoying good health mentally, morally and physically?

What is the basis for happiness and why do sense of values vary so much? Why are we so restless, frustrated and selfish? Dr. Henry Harper Hart, prominent New York Neurologist says, "The fundamental sources of happiness are reasonable physical health, economic security, environmental recognition, satisfactory love life and suitable work. Money ranks fourth in factors essential to happiness—after good health, trust in God and a cheerful state of mind. Happiness has been defined in many ways. To Emerson it was friendship; to Stevenson—the chance to sit by a fire and think; to Dr. Albert Schweitzer it was service. Expect ingratitude and we won't be disappointed. If our expectations are within reason of our limitations we are likely to be happy. Our personalities need development sanely, because they effect our happiness and the lives of others.

Peace of mind must be achieved by us and peace comes from struggle in our lives. Is your hope greater than your fear? We must learn to live with ourselves. Many books are published to help us grow mentally and morally. "How to

Find Happiness," by Dr. Norman Vincent Peale, and "How to Stop Worrying and Start Living," by Dale Carnegie are both among the many fine books. Over nineteen centuries ago a Rabbi, at the age of 33 years, gave us a testament to live by. He was not rich, he was poor. Peace can be gained by the following: (1) Sense of value—are our interests really important and useful? What is the size of our world? (2) Peace by right action—self discipline—physical, mental and moral. (3) Right relationships.

There are two kinds of knowledge—material and spiritual. Is our individual knowledge in good balance? The goodness in us attracts others, bad in us repels others. This governs conduct of all people.

Does not experience teach us that if we are to assume responsibilities, we must be ready, able and willing. We must understand the necessity of being informed if we are to perform effectively. Everyone cannot be chiefs all the time, so therefore we must have many Indians.

The Bureau of Statistics in the U. S. Labor Department report that now 75% of women work after marriage. Does not marriage require preparation as well as meeting requirements of the home, dental or medical offices. Do most girls think of work of dental offices as a stopping-off-place between high school and getting married. Why does the high percent of marriage failures exist? Could it be lack of preparation and maturity? Dentists and auxiliary personnel need to be realistic about their responsibilities and what they are trying to do in serving good dental health. The statistics on salaries are available comparing dentistry with business and other professions. Dentists and dental assistants must have desire and be worthy of their pay or their reward in this great profession.

There are many ways dental personnel can improve themselves—it is a matter of whether or not we want to improve. We, as dentists, must offer incentive and opportunity to our associates. Both dentists and dental assistants need a healthy

attitude. What percent of dental assistants are willing to study, be informed and meet requirements of good and modern dentistry?

The requirements for certification of dental assistants are definite and very worthwhile. I recommend it as a basis of conduct in our practice to all dentists and dental assistants. I am thankful for the ambition, industriousness and capability of my C. D. A.

May I suggest we all be more aggressive, interested, enthusiastic, honest and sincere in the conduct of our lives in the practice of dentistry—our reward will be great.

Are we courteous, friendly, cheerful and kind? "Act enthusiastic and you will be enthusiastic." Should we be cooperative, loyal, tolerant, sympathetic with our patients?

Shall we do a self analysis regarding our training and conduct in dentistry based on the following factors?—Personality, appearance, atmosphere, patient relation, personal and telephone techniques, records, appointments, credit, office policies, and practice conduct.

May I offer as a challenge, in closing, a quotation from Captain Eddie Rickenbacher, president of Eastern Air Lines, who said, "I pray to God every night of my life to be given strength and power to continue my efforts to inspire in others the interests, the obligations and responsibilities that we owe to this land—so that we can always look back when the candle of life burns low and say, "Thank God I have contributed my best to the land that contributed so much to me."

Can we, each night, say to ourselves, "Well done, thou good and faithful servants?"

Any may that GREAT DENTIST of all good dentists and dental assistants help us to "Do unto others as we would have them do unto us."

Presented to the Southeast Missouri Dental Assistants Society September 25, 1958.

Views of the NEWS

By OLIVE STEINBECK

*We judge ourselves by what we feel capable of doing; others
judge us by what we have done.*

LONGFELLOW

FIRST DISTRICT

News from Massachusetts

Mary Faith Manyak, President of Massachusetts Association, announces two Extension Study Courses in progress in their state—one, at Valley District and the other at Worcester District. There were 42 members eligible for the October examination for Certification. Worcester District held a Tea at the Bancroft Hotel on September 21, honoring all new members. While at their October meeting, Annual 'Bosses Night' was observed at the Fairbrook Country Club.

SECOND DISTRICT

News from New York

Beatrice Gindea, Chairman of the Examining Committee for October examination for Certification, reports 12 members from Brooklyn and Nassau participating. At the October meeting of the Second District Society, they had as guest speaker, Dr. Henry Adelson, of Brooklyn, whose subject matter, was Orthodontia. At their November meeting, Mr. Cole of J. F. Jelenko & Company, will present a lecture and demonstration on Inlay Investment. At their annual Christmas Party in December, gifts will be collected for children in institutions. Thank you Beatrice Gindea, for sending the news—we all wish Lee Taras a most speedy recovery from her recent appendectomy. From Rita Kelly of First District Society, we learn they will omit meeting in November and concentrate on their December meeting which will be held during the Greater New York Meeting, at the Statler Hotel. On their program will be William M. Greenhut, D. D. S., F. A. C. D. F. A. D. M. —His message is entitled, "Safety Measures in Dental Radiography"—he will also show a sound film entitled, "Hazards of Dental Radiography". Certified Assistants, Muriel H. Sabelman, will present a clinic, "Certification" and Lois Walker, one on "Why We Sterilize and How". Nassau Society reports a Capping Ceremony with 18 members receiving their Certification Pins and Caps. One-third of their membership is now Certified. Syracuse Society will hear Dr. Lester H. Steinholtz present a lecture on General Anesthesia at their November meeting. Triple Cities Society will meet in November at the hotel Frederick, Endicott, N. Y., to hear Mr. Jack Gillen of the Professional Management Service. While Richmond County Society will have for their

guest speaker at the November meeting, Dr. Anthony Franzonello, present a lecture on, "The Dental Assistant as The Doctor's Ambassador".

THIRD DISTRICT

Pittsburgh Society resumed their meetings, after a summer recess, at the Roosevelt Hotel in September, having with them for speaker of the evening, Dr. H. Harvey Haber, with the timely lecture entitled, "Your Feet and Your Disposition". At their October Meeting, Dr. Donald Wagner, spoke to them on topic, "Dental Emergencies". At the November meeting they will stray a little from the dental field and hear Mr. Aldene Large, County Detective, speak on "Operations of the District Attorney's Office". Hanover Society members met at the office of Dr. Micheal Bowser, in York. Dr. Bowser spoke and demonstrated various procedures in Oral Surgery. At their October meeting they had the pleasure of hearing James Miller, M. D., speak on, "The General Health of the Dental Assistant". This Society will be guests of members of the Dental Society in November, at a dinner meeting at the Atland House in Abbottstown.

News from Maryland

Baltimore City Society had a very rare treat as they resumed their meetings in September. This meeting was in honor of our founder Juliette Southard. The speaker for the evening, Dr. Katherine Toomey, of the University of Maryland Dental School, was a personal friend of Juliette's—she gave them a clearer picture of that remarkable person—Juliette A. Southard. At their October meeting, guest speaker, Dr. Nathan Hyman, member of the American College of Radiology, spoke on, "Radiation". At the November meeting, Doctors, families, friends and fellow-members will watch with pride the Capping Ceremony, honoring those members who successfully passed the Certification examination. The Extension Study Course was given at the University of Maryland Dental School—the members of this Society express their appreciation to the School and the Instructors who gave of their time, so generously.

News from Ohio

Toledo Society resumed their sessions, meeting at the Commodore Perry Hotel. For this meeting they chose the topic, "Activities of Dental Assistants"—with President, Marie

Renz, showing slides of various of the activities. In October, they had for their guest speaker, William Spath, D. D. S. whose subject was, "Pedodontics". Keely Society members met in September, in Oxford, Ohio with Mrs. Philip Hofman, registered Dietitian who presented the first of a series of Refresher Courses to be given during the Fall and Winter months. Dorothy Zimmerman of this Society presented a clinic entitled, "Help Yourself Hints", at the Ohio State Dental Assistants Annual Meeting in Cincinnati, Ohio. In October they met at the Hamilton YWCA, with Dr. Don Schmitt whose subject was, "Chair Assisting".

FOURTH DISTRICT

News from Alabama

Dothan Society members had two excellent

speakers at recent meetings—Mr. Jack Key of Ozark, and a teacher of History at the University Center in Dothan, spoke on, "Outstanding Characteristics of England, It's People and It's Countryside", using color slides he had made while in England. Also, The Reverend W. M. Snellgrove of Ozark, discussed, "God's Plan and Purpose for Your Life". Sixth District Society members at a recent meeting held at the Hotel Stafford, heard Dr. W. R. White, Jr., speak on "Hypnosis". Second District Society members met in September at the Professional Center Building to hear Dr. Joseph Stewart discuss the plans for the Extension Study Course which by this printing is probably already underway. At this same meeting, Mrs. Lamerle Lee from Southern Bell Telephone Company,

AMERICAN DENTAL ASSISTANTS ASSOCIATION PRICE LIST ADAA EMBLEM, PIN, AND GUARDS

	10K	Gold Filled
Emblem Pin.....	\$3.65	
Gavel with Pearl—State President.....	3.85	\$2.50
Gavel—Component Society President.....	2.75	1.85
Gavel with "Vice" on handle—All Vice Presidents.....	2.75	1.85
Quill with 3 Pearls—State Secretary.....	3.85	2.75
Quill—Component Societies.....	2.75	1.85
Inkwell—Assistant Secretaries.....	2.75	1.85
Crossed Quill & Key—Secretary-Treasurer.....	3.85	2.75
Key with 3 Pearls—State Treasurer.....	3.85	2.75
Key—Component Treasurer.....	2.75	1.85
Quill in Inkwell—Editor.....	3.25	2.25
Torch—Committeeman.....	2.75	1.85
Open Book—Historian.....	2.75	1.85
Single Letter Guard—Initial of State, City, Society.....	2.75	2.00
Two Letter Guard—Separate Letters.....	5.50	3.85
Special Design—Double Letter.....	3.25	2.25
Double Numeral Year Guard.....	2.75	
Loyalty Guards—5 Year and 10 Year.....	2.75	
Loyalty Guards—15 Year, 20 Year and 25 Year.....	3.85	
Trustee Guard.....	2.75	
Certification Wreath Only*.....	3.85	
Attach wreath to your ADAA Pin.....	1.15	
Certification Pin Complete*.....	7.50	

*Must be ordered on official blanks but sent to your State Secretary for approval—then to Assistant to the Secretary, ADACB, Inc., Mrs. Annette Stoker, 103 Midland Ave., Glen Ridge, New Jersey. Send pin directly to Karl J. Klein, Inc., Jewelers.

Trophies—Gavels—Special Presentation Awards—Prices sent upon request.

Sample Pin Display Case Available for Your Meetings. Contact Your District Pin Chairman Directly.

OFFICIAL JEWELER

Karl J. Klein, Inc., Jewelers, 806 S.W. Broadway, Portland 5, Oregon

Ed. Note—The Certification wreath is intended to be worn only when attached to your ADAA Official Pin. If you are wearing your wreath separately, it is an infraction of rules. Karl J. Klein, Inc., our jeweler, will be happy to attach your wreath to your pin for you at a nominal charge (see above price list), if you will send them your pin and wreath.

presented an interesting lecture on, "Is Your Voice Really You?" In October, they were privileged to have with them, Mr. Price McLeomore who spoke on "Civil Defense". Peggy Lippe of the Birmingham Society spoke to members at a recent meeting with her subject, "Put Some Sparkle In Your Life", making all members (so they say!) a little more conscious of their slumped shoulders and appearance! Dr. W. Rupert Bodden met with these members in September and used as his topic, "Bacteriology and Sterilization".

News from Florida

Members of the West Palm Beach Society had as a recent speaker for their meeting, Dr. Raymond R. Peefer, whose subject was, "The Closeness of the Eye, Ear, Nose and Throat to the Dental Field".

St. Petersburg D. A.'s attended the West Coast District Meeting held in St. Petersburg. Miss Archanna Morrison of Boston, Massachusetts was one of the speakers. I know members of St. Pete enjoyed hearing Miss Morrison—her efforts through classes conducted for Dental Assistants have been outstanding throughout the country for many years. I would have enjoyed being with you, since Archanna is a personal friend of mine. Jacksonville Society held a Capping Ceremony recently and had as their guest speaker for the evening, Dr. Roger Hehn, President of the Jacksonville Dental Society. At the September meeting of this Society, members enjoyed hearing, Mrs. Joanna F. Gorman, Psychiatric Social Work Consultant for the Florida State Board of Health. An Extension Study Course is in progress in the Lake City Society.

FIFTH DISTRICT

News from Virginia

Roanoke Society resumed their regular monthly meetings, after a summer recess, with the Installation of new officers at Archie's Lobster House. Guests were Dr. J. J. Glen and Dr. Paul Fultz, with Dr. Fultz officiating at the Installation Ceremony. Doctors B. M. John and W. G. Martin, have been elected as Advisors for this group for the year. Ann Harvey and Betsy Hairston of this Society will attend the ADAA Meeting in Dallas, Texas to participate in the Clinic Session. Tidewater Society held a Capping Ceremony in September, with Dr. T. E. Skeppstrom, President of Tidewater Dental Society presenting Certificates, as Eleanor Crawford capped each member. Four very proud members participated in this Ceremony. Guest speaker for the evening was, Dr. G. B. Taylor, President Elect of Tidewater Dental Society. A movie which was made of their Installation of Officers was shown at this meeting—and from all reports, Hollywood—BEWARE! Civil Defense classes are in progress at the Norfolk Chapter of the American Red Cross. Southwest Virginia Society held a joint meeting with First District Society of Tennessee

in September. This is an annual meeting which both Societies look forward to. The interesting program included a tour of the Bristol Speech and Hearing Center, a clinic on "The Mixing of Filling Materials", by a representative of the L. D. Caulk Company. The meeting was climaxed by a banquet and dance at the General Shelby Hotel in Bristol, Virginia. This meeting is held in conjunction with the meeting of the two Dental Societies.

Memphis Society resumed their meetings this Fall with interesting programs planned. The first being, "The Care of Dental and Surgical Instruments". Classes are being held

News from Tennessee

at Kennedy Hospital for Civil Defense. Dr. Thomas Keeton is Chairman of the Committee sponsoring these classes. First District Society also reports a good program panel for the coming months. At a recent meeting in Kingsport members were privileged to have Dr. H. C. Martin present a clinic on "Implant Dentures". Frances Cartwright presented a clinic on, "Collections and Recalls". A Capping Ceremony was held at the October meeting for 16 members who passed the Certification examination in May. Members and guests were welcomed by President Sarah Jackson of First District. Pat Staten, Chairman of State Education Committee and the Examining Committee, assisted by Nancy Pope, Chairman of First District Education Committee, presented the Caps, with Dr. J. C. McGuffin presenting the Certificates. Dr. L. L. Oxford was guest speaker for the evening. Approximately 65 persons attended this Ceremony, which was followed by a reception for members and guests. At the regular October meeting, Dr. George Scott of Greenville showed educational films and competitive papers were heard. "Pioneer Dentistry in America" will be the topic of Dr. W. C. Lady of Kingsport at the November meeting. Many thanks to Pat Staten for this report from Fifth District who was handicapped with a broken rib when she prepared this report—hope all is well now, Pat and take care of thineself!

News from Indiana

Indianapolis Society members have started off the Fall season with a bang! In September classes were started (a series of twelve) on First Aid and Home Nursing. These classes are sponsored by the Red Cross and meet every Friday night. At their October meeting, Officer Norris Starkey, who is a hand writing expert and a member of the Indianapolis Police Department spoke to the members on, "Knowing the Types of Hand Writing". On October 26, the first class for a new Extension Study Course met. It was also called to our attention that these members are actively participating in the National Annual Campaign Drive for the United Fund. Thank you, Jacque Hoover for your report and also for your yearly program—it sounds

most interesting and I like the clever manner in which it is prepared—good to note you girls meet monthly for Bowling!

Delaware County Society members met for a dinner meeting in September. Plans were made for the Assistants to again assist the Doctors this coming year at the Sertoma-Iccerman Dental Clinics. The Clinic is held each Wednesday and Thursday afternoons at the High School for all needy children.

News from Michigan

Northwestern Society members enjoyed hearing Dr. Marvin Revzin, of the Henry Ford Hospital speak at their September meeting on, "The Dental Assistants Role in Oral Surgery". A Tea was held in honor of Juliette A. Southard, following this meeting—and in the words of reporter and President of this Society, Sophia Plonecki—"It was elegant!!" Guests for this evening of educational features and the honoring of our founder, were, Madeline Brotebeck, Immediate Past President of the Michigan State Dental Assistants Association and the present President, Eve Zollars and Dr. S. Gerendasy, President of the Detroit District Dental Society. At the October meeting, Dr. Norman Strong spoke on, "Silicates and Cements" and at the November meeting, Mr. Nathan E. Zigman and Mr. Norman Noble will talk and demonstrate, "Care of Handpieces and Contra-Angles". This Society seems to be going forward with leaps and bounds and shows great enthusiasm—I'm CERTAIN you'll have that successful year of activity you're hoping for, Sophia!

News from Illinois

A hearty WELCOME to two more NEW Societies in the Illinois Association—ST. CLAIR COUNTY SOCIETY (Belleville and East St. Louis), whose officers were installed on September 3, and KANKAKEE DISTRICT SOCIETY, whose officers were installed September 23. We're pleased to have you in the 'family' and I know you are proud to be a part of ACTION-PACKED Illinois Association and our ADAA! Of the Illinois members attending the ADAA Meeting, in Dallas, Texas this November, 10 will participate in the Clinic Exhibit—Illinois also reports 25 newly Certified Members which brings their total to 205 with more anticipated from those who were examined in October, in Chicago and Eastern Illinois. Centralia Society, had as guest speaker at their September meeting, Mr. Norman La Gassess of The Kohl Laboratory. A movie, entitled, "Proper Technique of Dental Impression Materials", was shown—this program was very timely, since nine of this Society's members are enrolled in the Extension Study Course.

Chicago Association will hear, Mr. James Thomson, in November, who will present the business aspect of the dental office, through his lecture, "Dental Budget Plan".

The Chicago Association is, as you might have guessed from previous readings of 'Views', divided into Branches—in September all Branches met for 'get acquainted meetings' where they renewed friendships and made new ones. While in October all began planned educational meetings—South Side Branch had as guest speaker, Mr. LeRoy Bell from the Pelton Crane Company, who spoke on, "Sterilization Techniques"; Chicago North, Northwestern and North Suburban Branch, were privileged to hear Dr. Rudolph Friedrich lecture on, "Dental Assisting in 1958"; Dr. Robert Atterburg spoke to the Chicago North Side Branch on the subject of "Oral Surgery". At another meeting of the Southside Branch, Dr. Gilbert Pope, spoke to the members on, "Teamwork in The Office". This November, Branches Chicago North, Northwestern and North Suburban will hold Clinic Night with individual members participating. At a recent meeting of the North Branch, Mr. Sterling, from the Western Credit Bureau, spoke to the members on, "Credit and the Many Aspects of Handling It." Eastern Illinois Society members were the guests of Dr. Sullivan, of Paris (Paris?) at their September meeting—following dinner and the business meeting a White Elephant Auction was held, proceeds which were given to the Juliette A. Southard Fund. At their October meeting, members were privileged to hear, Mr. William Whitson, who is a member of the Mattoon Civil Defense Committee. First Aid Courses offered by the American Red Cross and available to the Dental Assistant, were reviewed. At the November meeting members will participate in clinic presentation and exhibits. McLean County Society resumed meetings in September after a summer recess and arrangements were made for a Bake Sale, proceeds to be donated to the Juliette A. Southard Fund. At the October meeting Dr. Vernon Haas spoke on, "Hypnosis in The Dental Office". In November they will hear Dr. Robert Eaton of Bloomington, Illinois, explain methods and procedures of "Occlusal Equilibration". Peoria Society members had as their guest in September, Elaine Leathers of Geneva, Illinois, who gave a repeat performance of her Clinic which was given at Spring Meeting—a demonstration of teeth carving from soap. In October, members of this Society were guests of their employers at the Hotel Pere Marquette, to hear the noted authoress and lecturer, Miss Archanna Morrison. At their November meeting they will hear Mr. Richard Hodgeson, Psychologist, who is associated with the Caterpillar Tractor Company. Springfield Society, at a recent meeting, heard Dr. A. Ludin speak on, "Hypnotism in the Practitioners Office and It's Value to a Dentist." News from one of the newer societies of this state, the Will-Grundy Society reports they have had Mr. Burke from General Electric Com-

pany, speak to them on, "X-Ray and Its Radiation." While in October they journeyed to Chicago to visit with and get an 'inside view' of the S. S. White Dental Company. Many, many thanks to Publicity Chairman, Marjorie Watkins and her Co-Chairman, Audrey Hacker for the detailed report of the news from their state—it is really appreciated!

EIGHTH DISTRICT

News from Missouri

Springfield District Society resumed their regular monthly meetings after a summer recess, meeting in September at the Kentwood Arms Hotel. Mr. Edward H. Ellebrecht of the Cosmos Dental Products Company presented a clinic demonstrating the Mixing of Impression Materials. Joplin Society and Springfield held their Annual Joint Meeting in Joplin on September 14-15. St. Louis Society members gathered at the Coronado Hotel in September, where Mr. Dan Sullivan of the Ney Gold Company presented a film on, "Effective Utilization of the Dental Assistant at the Chair". Dr. Vern Cherry assisted Mr. Sullivan, with a question and answer session with member participation. Margery Plank of St. Louis Society will be among those who will attend the ADAA Meeting in Dallas and take part in the Clinic session. A former member of the Society, Mrs. Grace Roath of Vero Beach, Florida was a guest at this meeting.

TENTH DISTRICT

News from Arizona

Phoenix Society had a special treat at their September meeting—a dinner meeting at a Chinese Restaurant with the owner speaking to them on, "Conditions in Korea". Entertainment was furnished with music from Chinese instruments. Nine guests were present for this meeting. The first meeting of the Fall season of the Tucson Society was also a dinner meeting with the speaker from the local Mental Health Department. Three Societies have Extension Study Courses in progress—Tucson, Phoenix and the new Society reported in last issue, Yuma Society. Nice going!

News from Texas

Reporter, Lois Solomon, writes that Texas members must have forgotten about organization work during the summer months since she had so little to report for this issue—but WE ALL know they have been quite busy getting ready for the BIG MEETING IN DALLAS! The Texarkana Society had for their first meeting of the Fall season, Mr. Eddie and Wilbur Howard of the Howard Dental Supply Company, with the topic, "Plastics and Pour a Tray"—each member present was given the opportunity to learn by doing with supplies furnished from the Howard Dental Supply Company. The Houston District Society met at the Lamar

Hotel with a dinner meeting, after which they were privileged to hear Dr. E. M. Saad, speak on, "History of Dentistry".

News from Colorado

Reporter, Gerry Glau of Denver writes that three study groups will be available to members this year—The 104 hour Extension Study Course, a Primary Course in Chair Assisting and Basic Routines for new and beginning Assistants and the Advanced Study Group for Certified Assistants. She also reports, that the Denver Assistants Registry is working with the Colorado State Employment Office to form a reliable and uniform place where employers and those seeking employment can be brought together to their mutual advantage. Colorado State is also working toward a State Registry. First meeting of the Fall season of the Denver Society was held in September at the American Legion Hall. The Advisors of this Society, Dr. Wendell Fitzgerald, Dr. Josephine Irely and Dr. Robert Mellor, each spoke to the members at this meeting. Forty-Four members attended this meeting. Shirley Blankenship, Eileen Ketchum and Gerry Glau will attend the ADAA Meeting in Dallas, Texas this month as Delegates from Colorado. Gerry, one of these fine days I'll get a 'personal' letter to you—the fine material you have been sending, plus the wonderful and detailed report you sent me from the Chicago meeting—I have read it through several times. You have a wonderful gift for writing!

ELEVENTH DISTRICT

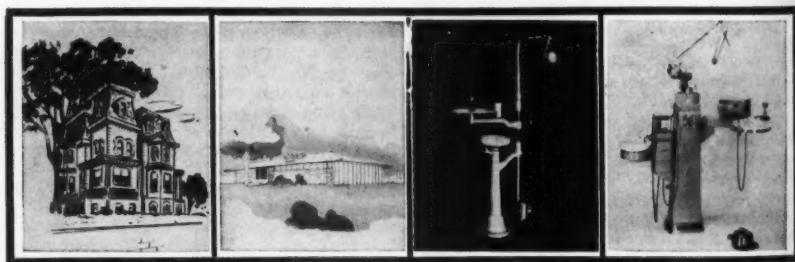
News from Northern California

The San Francisco and Berkeley Societies held a joint meeting in September at the Claremont Hotel in the Lanai Room. Speaker for the evening was, Mary Foley, instructor from John Robert Powers, who spoke on, "Style Co-Ordination". These two societies were honored to have as their guest, President Elect of the ADAA, Elma Troutman. Missed at this meeting was, Harriet Saunders—this is the first meeting Harriet has missed since becoming a member of the San Francisco Society—but she remembered to send a 'greeting card' from Rome, where she was attending the "Blood Bank Congress". An extension Study Course is in progress for San Francisco members and in November another Course in X-Ray will be given under the direction of Dr. Fitzgerald, at the University of California, San Francisco.

(Editor's Note) In so far as I know this will be my last issue as Editor of 'VIEWS'. I have made request to be replaced. I sincerely appreciate the cooperation which has been extended me throughout this year—your consideration and understanding. It has not been possible to write each of you personally, but I do hope that through the effort to publish your news and give all adequate space, that you realize my personal interest in each and every one of you.

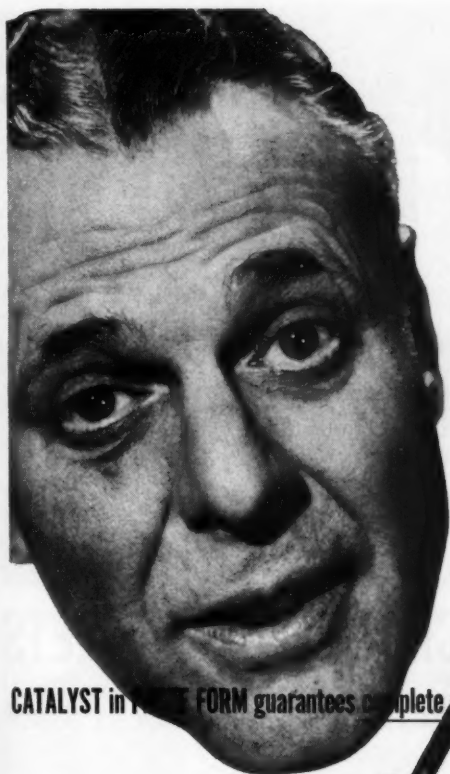
Quality builds a company!

Sixty years is but a moment in the great expanse of time. Yet, in that span the Victorian home has given rise to the utilitarian, modern one and the Weber Company has transformed its early cuspidor into a marvelous thing of beauty and functionality—the M-500 complete with the AT-200 Air Turbine Handpiece. High styled usefulness in the modern manner.



April 16, 1958. Our sixtieth birthday in Canton, Ohio

WEBER



Justi
SILICONE
Impression Material
is better!

CATALYST in **POUR** FORM guarantees complete distribution throughout BASE

assuring...

Ease of Mixing
Good Working-Time
Infinite Accuracy

H. D. JUSTI & SON, INC., PHILA.



For Inlays, Crowns, Partial and Full Dentures





*Before the
doctor arrives
... the
morning's
supply*

of **MICRO ALLOY PELLETS**

... pre-loaded and ready for amalgamation as needed!

High-speed amalgam work takes a big step forward with pellets of Micro and Micro Non-Zinc Alloys.

The special amalgamator capsules, supplied free with each package of alloy, enable the dentist or assistant to pre-load an ample supply of alloy and mercury, ready for instant use at the chair. Other advantages: supremely smooth mix with small rounded particles . . . plump, fat amalgam that's buttery slick without graininess . . . dense, cohesive structure free of springiness . . . fast initial set for instant carving . . . rapid development of strength.

For modern materials call on

CAULK

Milford, Delaware

THE DENTAL ASSISTANT

Positioning the attachment

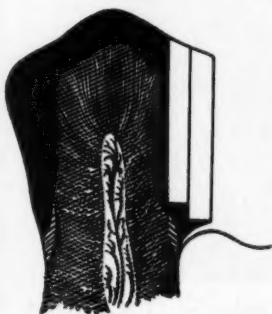


FIG. 1

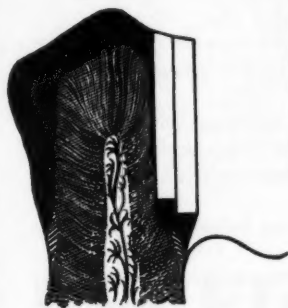


FIG. 2

Proper placement of the recess which is prepared in the abutment tooth to receive the attachment is achieved by careful preliminary planning on the study model.

In figure 1, the recess has not been made deep enough to accommodate the attachment within the normal contour of the tooth. A gingival shelf is created which is unhygienic and destructive to the investing tissue. The mesio-distal dimension is also increased which results in unfavorable leverage on the abutment tooth.

Figure 2 illustrates the correct placement of the attachment within the confines of the abutment tooth, thus allowing enough room for the development of proper tooth contour.

(Prepared under the direction of competent dental authority.)

SAY **NEY**
BEFORE YOU SAY *Gold*

THE J. M. NEY COMPANY
HARTFORD, CONNECTICUT

WEY-ORO
A-1 inlays
B-2 bridges
B-3 partials

Yes, We Can Prove It!



Yes, we can definitely prove the value of STIM-U-DENTS through our files filled with reports from literally thousands of dentists pointing out the amazing improvement in the mouth health of their patients from the daily use of STIM-U-DENTS.

We want you to know how these thousands of dentists and their patients are benefited by these marvelous instruments.

We will gladly send you free samples for patient distribution that you may test at first hand their tremendous value. You are bound to note improvement in your patients upon their very next visit.

Simply fill in and return coupon below with your professional card or letterhead.

STIM-U-DENTS

FINISH WHAT THE TOOTHBRUSH LEAVES UNDONE

STIM-U-DENTS, INC., 14035 Woodrow Wilson Ave., Detroit 38, Mich.

☐ **Send FREE SAMPLES for patient distribution.**

D-Asst., 11-58

Dr. _____

Please enclose your Professional Card or Letterhead

Address _____

City _____

Zone _____

State _____

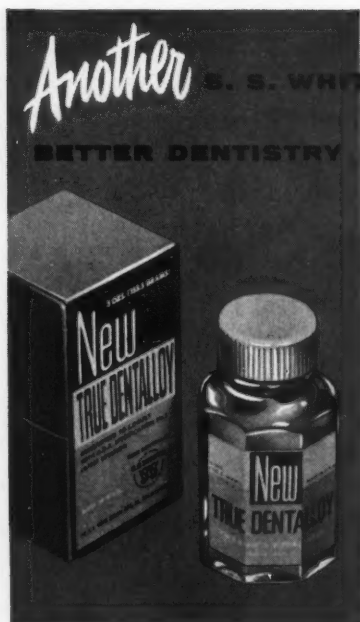


Recognized as an
excellent dentifrice by
 generations of dentists

For more than 50 years, dentists have been recommending and using Baking Soda as an efficient dental cleansing agent. The low cost and cleaning effectiveness of both brands of Church & Dwight Baking Soda are two important benefits—for doctor and patient alike.

Church & Dwight Co., Inc.

70 Pine Street, New York 5, N. Y. • Business Established in 1846



Another

S. S. WHITE CONTRIBUTION TO
BETTER DENTISTRY ... **NEW TRUE DENTALLOY**

**AN OUTSTANDING IMPROVEMENT
IN DENTAL ALLOYS**

Processed into fine particles for accurate dispensing, speedy amalgamating, **HIGH EARLY STRENGTH**, and low flow. Carves with wax-like smoothness. Resists tarnish and oxidation. Polishes to a high and enduring lustre. Your restorations will testify to the superiority of New True Dentalloy. Order from your dental salesman.

THE S. S. WHITE DENTAL MFG. CO.

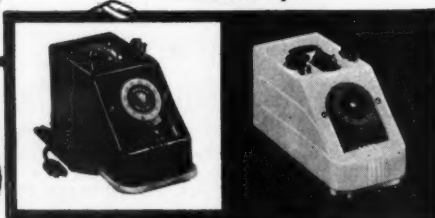
PHILADELPHIA 5, PA.

S. S. White True Dentalloy Trade Marks Reg.
in U. S. Pat. Off. and Elsewhere

There's **NOTHING** like the **WIG-L-BUG®** to Mix Alloy



- Uniformly!
- Scientifically!
- Quickly!



The "wonder electric mortar and pestle" that helps you make better amalgam fillings faster is available in two models. The beautiful **WHITE** Bakelite housing for only \$60.50. Or the popular **BLACK** housing at \$55.50. Requires only 7 to 10 seconds to produce smooth, fine textured mixes with your preferred alloy! Saves time. Prevents waste. It will *pay you* to use a Wig-l-bug.

Now
Available
Also in
Beautiful
Colors

CRESCENT DENTAL MFG. CO.

1839 S. Pulaski Road, Chicago 23, Illinois

Order from
your Dealer
or Direct

*"There's Nothing
More
MODERN
IN MODERN
DENTISTRY!"*



COOK-WAITE
Laboratories, Inc.

1450 BROADWAY, NEW YORK 18, N. Y.

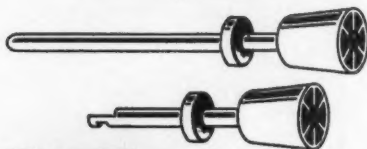
* NEO-COBEFRIN, NOVOCAIN AND RAVOCAINE are the trademarks (Reg. U. S. Pat. Off.) of Sterling Drug Inc.




"My doctor says that the rapid onset and unsurpassed depth of Ravocaine* HCl and Novocain* with Neo-Cobefrin* is just what he needs for modern-day dental procedures."

"And what makes him even happier is the fact that this Cook-Waite local anesthetic formula keeps his patients beyond the realm of dental pain even in prolonged procedures but does not last long enough to cause undue post-operative anesthesia. Sound pretty terrific? Suggest to your Doctor that he try Ravocaine HCl and Novocain with Neo-Cobefrin ... he'll find out for himself in a hurry."

Do YOU know just how satisfactory Crescent Webbed Polishers really are?



 You have a wondrous experience to look forward to if you've never tried a webbed polisher! There's nothing like it for making patients' teeth sparkle. The efficient, built-in webs, or retainers, assure more rapid cleansing action over a wider polishing area without spraying the patient. They hold the abrasive even at high speed. They conform better to tooth surface, do a better job faster and more satisfactory for you, more pleasantly for the patient. Crescent Webbed Polishers are made of flexible, long-life rubber and they are permanently mounted. Sound good to you? They ARE . . . and we'll be glad to send samples without obligating you in any way. Mail the coupon today.



FREE
Sample

CRESCENT DENTAL MFG. CO.
1839 S. Pulaski Road • Chicago 23, Illinois

Kindly send samples of the Crescent Webbed Polishers as described above. I understand there is no charge and no obligation.

Dr.

Address.....

City.....State.....

Dealer's Name.....

NURSES!

Why Take a Chance!

Just "clean" isn't good enough — when health is at stake
Typical household detergents won't do the job
May leave harmful residues
Insist on using ALCONOX
In your dental office or laboratory
Be sure
Your instruments, glassware and all equipment are

"ALCONOX-CLEAN"



ALCONOX

First Choice of Leading Hospitals —
Use it in Your Dental Office!

- Removes blood, dirt, tissue — even from inaccessible or irregular surfaces.
- No more tedious, time-consuming scrubbing.
- Works equally well in hard or soft water.
- Won't etch fine glassware.
- Safe, economical, non-poisonous, odorless, non-irritating to skin or tissues.
- Completely soluble and rinsable, leaves no residue or film!



Order from your Supplier or ask him for a sample!

ALCONOX, Inc.
833 Broadway, New York 3, N. Y.

Py-co-pay

... is the profession's
"favorite toothbrush"



For very good reason, Py-co-pay is the outstanding first choice of the dental profession among toothbrushes. That reason is *superiority*...

In design—first in professional standards—small, narrow head 1" long; uniformly trimmed bristles; straight, rigid 6" handle.

In patient benefits—fits better in lingual areas, covers each brushing position thoroughly; patented "Duratized"* natural bristles last longer. Nylon and natural brushes are "Steratized"* to inhibit bacteria for the effective life of the brush.

PLUS THESE SPECIAL FEATURES

- Py-co-TIP—flexible rubber tip for interdental stimulation.
- Choice of bristle texture to meet every need —medium, hard and extra hard nylon; "Softex" multi-tufted nylon; hard natural. Junior brush in medium nylon.
- Widely distributed thru retail stores so that patients can easily follow their dentist's specific recommendations.
- Available to the profession at special low prices for patient instruction in oral hygiene.

*T.M.

BLOCK DRUG COMPANY, INC.
Jersey City 2, New Jersey



recommended by more dentists than any other toothbrush



**"I'm going to lunch, Doctor ...
Don't worry about this autoclave ...
A SpeedClave runs itself!"**

Words of wisdom . . . straight from the nurse to you. In a nutshell, it's her story of the New SpeedClave. So simple . . . it almost runs itself!

With a new SpeedClave she just "Sets It and Forgets It." There are no valves to turn, no waiting, noth-

ing to time, nothing to shut off—everything's automatic! She can load it, set one dial, and go out to lunch.

If you don't have a SpeedClave in your office, call your Castle dealer for a demonstration or write for further information.

Castle

LIGHTS AND STERILIZERS

Wilmot Castle Co. • 1744c E. Henrietta Rd. • Rochester, N. Y.

Send me descriptive bulletin DS-246 which tells all about the SpeedClave.

Name _____

Address _____

The miracle of denture esthetics...

can be dramatically presented to your patients with the visual aids now available to you in the Trubyte Bioform Esthetics Program.

With striking before and after portraits and full-mouth close-ups, you can show your patients how your professional denture service can help to restore or improve their appearance.

This patient is one of the many Trubyte Bioform Denture Patients now available in full color, in 35 mm. slides and 8" x 10" color prints.

Ask your Trubyte Representative about the Trubyte Bioform Esthetics Program. Write for your copy of the Trubyte Slide Library Catalog, Dept. B, The Dentists' Supply Company of New York, York, Pennsylvania.

Good preventive dentistry starts with prophylaxis treatment...

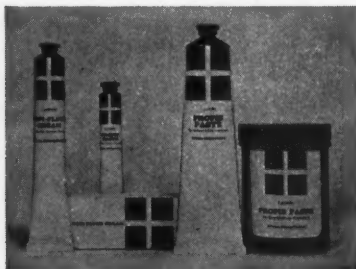
PROFIE[®] prophylaxis gives better results...

Diagnosis is aided when all calculus, stains, and deposits are thoroughly removed . . . for clearer interpretation of x-rays and more accurate estimates of work to be done. Profie prophylaxis is most effective as a diagnostic adjunct.

Irritation is checked and local infection deterred by scaling all traces of gingival and subgingival calculus . . . vital first stages in treating gingivitis and periodontitis. Profie prophylaxis helps accomplish these indispensable scaling procedures safely, more easily, and faster.

Periodontal damage is inhibited when residues as well as gross deposits are eliminated . . . thus curbing a major factor in tooth loss. Profie prophylaxis utilizes superfine ingredients which assist efficient cleaning and polishing of crowns and accessible root surfaces.

Dental hygiene is improved because a thorough prophylaxis treatment encourages the patient to keep his teeth looking better. Profie helps create the maximum aesthetic values that naturally lead to proper oral health habits.



To serve your doctor better in achieving a healthier practice and happier patients — it's also "good scents" to use odor control therapy with Laclede[®] Professional Room Deodorizer and Breath Deodorant.

Order from your dental dealer today: Profie Brand original enzyme-action prophylaxis materials — for safe, selective calculus breakdown . . . easier instrumentation and less patient trauma . . . minimum spatter — in convenient choice of stable, ready-to-use paste in tubes or jars . . . or easy-to-mix tablets and liquid.



© 1958 by Peter, Strong & Co., Inc., New York 16, N. Y.

